



Tanunda Lutheran Home Inc.

TIT TAT

April 2024



Photo Location: Bethany Wines, Tanunda

Message from the Chaplain — Ian Lutze

April Changes Start Now



April seems to be a necessarily hopeful month, lived against the backdrop of challenges. It is the month after which most of the public holidays will have been done for another year, with only Anzac Day on the horizon. It is as if in April the balloons are put away, the streamers binned, and the year gets serious from here on. Questions may arise like: Will the rains come? Will the Winter be too cold? Will the news improve? Will my life challenges get a little easier? Or am I set for a year of progressively more difficult challenges? Will I be able to hold on to joy? Will my footy team win?

The challenges of life that April opens the door to is set against the background of the greatest victory of all time: the news that the Man Jesus rose from the dead at Easter (usually in April) to be a source of life, promise and victory for all of us. This news gives meaning to the phrase "In the midst of life we are in death". Or rather, "In the midst of death we live – truly."

May you experience, even in the vaguest of senses if it is difficult, the God of Life carrying you through the challenges of April, that you may prevail and know a sense of victory through the presence of the Risen One.



The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

John 13:34



27 Bridge Street, Tanunda SA 5352

★ Phone : (08) 8563 7777

★ Fax : (08) 8563 7799

★ Email : info@tlhome.com.au

★ Website : www.tlhome.com.au

★ Facebook : Tanunda Lutheran Home



**Lutheran Church
of Australia**

Welcome

NEW RESIDENTS

Respite

Ruth Rathjen
Barbara Zerna
Gaynor Green
Eunice Spencer

Permanent

Linda Saegenschnitter
Lorna Bosenberg

APRIL BIRTHDAY CELEBRATIONS

1st Lennie Stoeckel
4th Doris Watson
7th Rodney Lomman
7th Elizabeth Kroehn
9th Vic Lehmann
17th Jean Carey
17th Joan Lindner
20th Bev Hoffmann
20th Frances Shrubsole
23rd Jeff Rosenzweig
24th Linda Saegenschnitter
26th Cheryl Frost

IN LOVING MEMORY OF

Our deepest sympathy to the families of

Clem Jaensch 6th March
Rex Mickan 19th March
Gladys Saegenschnitter 29th March

May they rest in peace ...



MAY TIT TAT

The deadline for all : News/Information/
Stories is Monday 22nd April 2024.

Email: kasey.welch@tlhome.com.au

SHOPPING BUS

Wednesday 3rd April
Wednesday 10th April
Wednesday 17th April
Wednesday 24th April



TLH (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

UPCOMING PUBLIC HOLIDAY

The Administration Office and Entrance will be closed on
Thursday 25th April due to Anzac Day.

During these times, please enter the facility via the
Protea/Chapel Entrance.

If you require assistance, please call the
Registered Nurse on 8563 7712.



FROM THE CEO

Lee Martin



Happy Easter everyone. I do hope you have enjoyed the celebrations and the break from work.

Where has the year gone – time is passing so quickly. There is so much happening around our service and facility. It's with pleasure that I inform you all as of the 1st April 2024 we are now trading as "Lutheran Homes Barossa". This name change is to signify that we are conducting business in other parts of the Barossa Valley – Nuriootpa and Angaston. Over the coming weeks you will notice changes to how we advertise our services.

It is nice to be able to report that we have yet again survived another COVID outbreak. Thank you to everyone who did extra to cover the shifts and for the patience shown by all residents and their families during these difficult times. We are now heading towards winter and the flu season; please ensure you line up again for the annual flu injection.

Over the past number of weeks, there has been ongoing negotiation with the South Australian Housing Authority in regard to the sale of the Luther Court area. On the 15th March 2024, the sale was finally settled. All residents were relocated within accommodation available on the 27 Bridge Street site. The Retirement Living office has also moved to a vacant unit on site, 3/31 Bridge Street. The old units of Luther Court will now be totally managed by the SA Housing Trust, providing suitable accommodation for those who meet the Housing Trust requirements.

We are nearing the completion of negotiations with the supplier of a new nurse call system. The system will allow the staff to all carry a handheld device and the software will ensure that as an organisation we meet the requirements of the new standards and accreditation. I will ensure you are all kept informed as further developments occur.

As I keep reporting, the current projects are making good progress. The Nuriootpa Retirement Village – stage three is well underway with many houses now under construction. The planning for the Angaston Retirement Village is awaiting final sign off by the local council. The TRL community centre and refurbished Barossa Club area are nearing completion. The Barossa Club will move into its new facilities throughout April 2024. Work on the car park and solar project continues.

"Easter is the only time of year when it is safe to put all your eggs in one basket." – Evan Esar

QUALITY INFORMATION



Sharon Berridge - Executive Care Manager

Lisa Morrison - Clinical Nurse Consultant



Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator

HOME UPDATES:

The Podiatrist is now visiting each Friday to see residents in their rooms. Please request if you need urgent attention, otherwise all residents are currently scheduled according to their needs.

The Speech Pathologist is expected to be on site on Tuesday 9th April to see residents with any swallowing or chewing difficulties identified by Clinical staff. Residents can also ask to be referred if they have identified an issue themselves – speak to Clinical staff to be referred.

Bloom Hearing are happy to take on any new residents who may require an on-site visit to check their hearing. See Lisa Morrison (Clinical Nurse Consultant) for a consent form. Individual appointments are made with each client/resident by Bloom Hearing and advised to TLH to ensure the resident is reminded on the day.

COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During March TLH received compliments about Care (2) Cleaning (0) Environment (0) Food & Beverages (1), Laundry (0) Lifestyle (0), Maintenance (1) , Management & Communication (0) Wellbeing (0) and Other (1)

During March, we received complaints about Care (1), Food & Beverages (1), Lifestyle (0), Maintenance (0), Environment (2) Management & Communication, Wellbeing (0) and Other (0) and a total of (3) Suggestions.

We value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.





Do you have
a concern?

You can do something about it.
If you have a concern or feedback
about the aged care you or someone
else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service
provider first. Your local contact within this service is:

Sharon Berridge, Core Manager
Phone: 08 8563 7757 or Email: sharon.berridge@tlhome.com.au
Rachel Strudwick, Operations Manager
Phone: 08 8563 7771 or Email: rachel.strudwick@tlhome.com.au
Ameva Bhiskute, Finance Controller
Phone: 08 8563 7766 or Email: ameva.bhiskute@tlhome.com.au
Cindy Penn, Home Care Manager
Phone: 08 8563 7709 or Email: cindy.penn@tlhome.com.au

If you can't resolve your concern with your service provider,
you can contact the Aged Care Quality and Safety Commission
- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or
someone else is receiving to help us when we check
a service against quality standards
- Call us on 1800 951 822, or visit agedcarequality.gov.au
for more information

Phone: 1800 951 822
Web: agedcarequality.gov.au
Write: Aged Care Quality and Safety Commission
GPO Box 9619, in Your Capital City

Share your Experience

TLH support's your right to share compliments, suggestions, concerns or to
make a complaint.

We welcome feedback and complaints as part of our commitment to provide a
high-quality service.

Share the things we are doing well; We appreciate hearing from you.

If you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service
and aim to provide a welcoming environment for you to raise a concern or a
complaint.

For feedback, compliments, suggestions, concerns, or complaints; complete the
Share your experience form, or alternatively direct your feedback to one of the
key personnel listed below:

Executive Care Manager – Sharon Berridge
(Including Clinical, Allied Health and Lifestyle) sharon.berridge@tlhome.com.au or Ph: 8563 7757

Executive Operations Manager – Rachel Strudwick
(Including Catering, Food Service, House Keeping, Maintenance, RTW and Administration) rachel.strudwick@tlhome.com.au or Ph: 8563 7771

Executive Financial Controller – Ameva Bhiskute
(Including, Fees / Bonds And Accommodation) ameva.bhiskute@tlhome.com.au or Ph: 8563 7768

Executive Home Care Manager – Cindy Penn
(Including CHSP And Home Care) cindy.penn@tlhome.com.au or Ph: 8563 7709



FOR SALE
SHOPRIDE SCOOTER
\$800
Good condition and well looked after.
Please contact Shane Kraft for more
information: 0414 420 730



JANUARY
2024
Congratulations!
Hayley John
Choice



Welcome TO THE TEAM



Kelli Hargraves
Admin Support
Officer



Rannane Zanker
Retirement Living
Receptionist



Domenica Ham
CHSP Customer
Service Coordinator



Tracey Mason
CHSP Program &
Wellbeing Coordinator



Shrishti Nair
Enrolled Nurse



Scarlett Hall
Catering



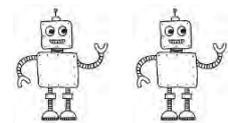
Kennedy Maina
Personal Care
Worker



Kiran Nair
Personal Care
Worker



Yvonne Ndune
Personal Care
Worker



Robot Update

The robot project continues. It was very pleasing to receive acknowledgement from the Aged Care Industry Information Technology Council. We were awarded as the winner of the Excellence in Technology Implementation 2024. A new trophy is located in the cabinet in the reception waiting area.

It's good to see "Penny" doing deliveries. The cleaning robots are doing well in keeping our corridors clean. You may have noticed that "Robbie" has been replaced due to a technical fault, he'll be back soon. The "Abbi" robot will be delivered late April 2024 for further trials.



RESIDENTS IN FOCUS

Eileen Ingham (Protea)

Eileen is originally from Tanunda but spent the majority of her life in Renmark. Eileen loves to visit the Riverland still and reminisce on her childhood. One of Eileen's first jobs was working at a café and working in the packing shed packing fruit and veggies, she used to ride to and from there after school. Eileen has 4 kids, 2 girls and 2 boys. Some of Eileen's favourite things are visiting the gym, and doing the activities that are happening around the home. She also loves to go to church on Sundays as she used to teach in Sunday school. Eileen went to school when she was 5 and left when she was 14, Eileen then became a nurse later in life. Eileen's advice for a high school student: "There is so much learning opportunity so try everything and give it all a go, try your hardest to get a good education. Stay out of trouble and keep away from awful things. Bluff your way through life, take charge and do things while you're married still don't sit around and do nothing!"



Daphne Gower (Protea)



Daphne Gower celebrated her 92nd birthday on the 23rd of March. Daphne loves the beach and visiting Queensland where her family spent the winter months together, spending the day fishing. Daphne enjoys the river, having grown up there with her parents. She completed primary school, and then left at the age of 14 to start her job of cutting apricots and other fruits for a nearby farm. Daphne grew up very active, constantly fishing, swimming, playing tennis and watching the local football. Daphne has four Children, three daughters and one son. She also has many grandchildren, and great grandchildren who she loves spending quality time with. She enjoys listening to country music, cooking, baking, knitting, and sewing. Some of her favourite activities to do in the home include walking around the garden with her friends, and socialising in the living area. She also enjoys joining the knitting group. If Daphne had one piece of advice for the younger generations, it would be "don't take drugs, don't start smoking, and look after yourself."

Interviews were proudly conducted by Faith Lutheran Students Mia Parkinson and Olivia Dickson.

WHAT'S HAPPENING IN APRIL

RESIDENTS MEETINGS

THURSDAY 4TH OF APRIL 1.30PM IN THE CHAPEL

ALL FAMILIES ARE WELCOME TO JOIN US

The General Store

Located in ABGO is open every Wednesday from 10am-2pm. See the lifestyle staff if you would like a visit.



DAYLIGHT SAVINGS
SUNDAY 7th April
CLOCKS Fall
BACK 1 HOUR

FAITH STUDENTS
10th of APRIL 10.30am
IN THE CHAPEL



FOOD FOCUS
MEETINGS
WILL BE
HELD DURING
APRIL.



SEE THE
PROGRAM FOR
NEIGHBOURHOOD
TIMES



ANZAC SERVICE

25th of APRIL

Chapel

10:30am

All Welcome

Would you like to be a neighbourhood representative?



We are currently looking for a Protea and Waratah representative who would be willing to be a spokes person for their neighbourhood and someone who other residents can go to for help or advice. If you feel that you would be the ideal person please come and see Belinda Treloar.



To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: britany.mickan@tlhome.com.au or
Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.



Please return this form to the Customer Service Coordinator at Tanunda Lutheran Home via any of the drop boxes located through-out the home or drop of at reception, alternatively you can post

to
Tanunda Lutheran Home
Attn: Customer Service Coordinator
27 Bridge Street TANUNDA SA 5352

We welcome feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides.

We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, independent living residents, CHSP clients, friends or staff.

Please feel free to ask staff to assist you to complete the form if required. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter if you have indicated so.

All the comments are forwarded to Belinda Treloar (Customer Service Coordinator) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can contact Belinda directly via email at belinda.treloar@tlhome.com.au

Share Your Experience



Tanunda
Lutheran Home Inc.

Enriching the lives of our older people

Comment Makers Information

By providing your details it ensures that we are able to contact you and inform you, of any and all outcomes from your feedback.

Name: _____

Contact Number: _____

Email: _____

Address: _____

On Behalf of: _____

If you have provided your details but wish to remain anonymous please tick the box

OFFICE USE ONLY

Date Received: _____ CCS Log No: # _____

Comment Maker Acknowledged: Yes/No

Phone Letter Email In Person Newsletter
Comment forwarded to Department Leader:

CI Required? Yes/No

Was the outcome satisfactory: Yes/No N/A

Closure Date: _____

Follow Up: Yes/No N/A
3 Months 6 Months
9 Months Other: _____

Resident Relative Staff IL Resident CHSP Client Other: _____

Comment Compliment Complaint Suggestion Date: ____/____/____

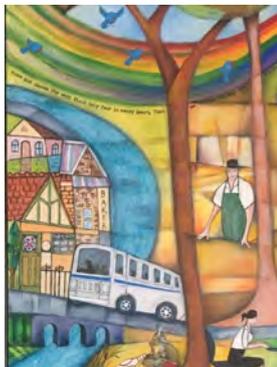
Comments / Details:

Would you like to discuss this issue with the relevant leadership team member? Yes/No

Do you have any suggestions of how we can improve the services provided?

*Thank you for being apart of our TLH family, our people are our greatest strength,
we appreciate your comment.*





VOLUNTEER NEWS

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



VOLUNTEERING AT TLH

If you would like to become a volunteer at TLH, please either send me an email at belinda.treloar@tlhome.com.au or you can call reception.

Happy Birthday



To all our wonderful volunteers for the month of April
Many happy returns.

CAN YOU HELP?

We are currently seeking volunteers for the following vacancies.

- * **Palliative Care**
- * **Barossa Club Connections**
- * **STV Drivers**

If you feel that you have some spare time each week and want to make a difference, please contact me.

Happy April,

Have you seen the notice board?? Located in Protea outside of my office is a volunteer noticeboard which holds current information that is relevant to TLH volunteers including vacancies, notices and the TLH Program.

Just another reminder when you are leaving the facility, please don't forget to sign out at the Zipline machine.



Coming up in May, we will be holding our Annual Volunteers Appreciation Morning Tea so please keep a look out for the invitation. A big thank you to everything you all do and have an amazing April. – Belinda



Do you have Social Media?

Head over to Facebook and like [Tanunda Lutheran Home](#)
You can also follow us on Instagram [tanundalutheranhome](#)



RESIDENTIAL ACTIVITIES ABGO



ABGO have had an amazing month. The Tanunda Show was acknowledge with some healthy competition of gum boot throwing and our very own show judging.

FOOTY TIPPING COMPETITION

NEIGHBOURHOOD LEADERS



ABGO	Pat Rohrlach	15
TRINITY	Rodney Lomman	12
PROTEA	Eileen Ingham	17
WARATAH	Keith Mickan	15
	Irene Golding	15



Scores correct as of the 2/4



RESIDENTIAL ACTIVITIES



This month the residents were lucky enough to have Faith Jr students come and share some stories they have written with us.

TLH TANUNDA SHOW

Winners!

A big congratulations to the winners of the TLH Show and a big thank you to everyone who participated.

Sunflower Category

1st—Loris TC

2nd—Margery TC

3rd—Liz TC

Knitting / Crocheting

1st—Irene Waratah

2nd—Eileen Protea

3rd—Audrey Protea

Open Category

1st—Lorraine Waratah

2nd—Liz TC

3rd—Lennie ABGO



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



JOIN US

Lutheran Homes Barossa
27 Bridge Street Tanunda SA 5352
(located in the main building)

...join us at Barossa Club Connections

High quality services tailored to your individual needs, delivered by a team you can trust
...love your independent life

Allied Health & Therapy Services

Exciting services are happening now!



Group Physiotherapy Exercise Classes—Held in the LHB Gym

The Gym includes:

A range of weights, static bike, treadmill, step ladder and balance bars.

Hand Wax Bath Therapy— Experience the soothing comfort

If you suffer from hand pain or arthritis, Hand Wax Therapy can provide welcome relief. The gentle heat from the wax soothes aching joints and muscles, reducing discomfort and increasing mobility.

Better Balance—Falls Prevention Program

Discover a healthier, more confident you with our Better Body Balance classes, led by experienced physiotherapists. These specialized sessions are designed to enhance your fitness, boost strength, and significantly improve your balance, reducing the risk of falls.

Private
Session
Available

Individual Physiotherapy

- Rehabilitation—Post Injury
- Personal Fitness programs
- Pain reduction Massage



CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

Malcolm Nitschke and Betty Bockmann playing a challenging game of Snakes and Ladders while Chris Thomas and our Volunteer, Colls have a pampering session in our 'OH!...My Nails!' program.



Annette Ognjanovic and Lena Rogers focusing hard on their creations while enjoying a glass or two in our 'Sip n Paint' program.



Wyndham Schaedel and Doug Ramsey enjoying their painting in Wednesdays 'Wise Guy Group'.



LET'S
HAVE
FUN



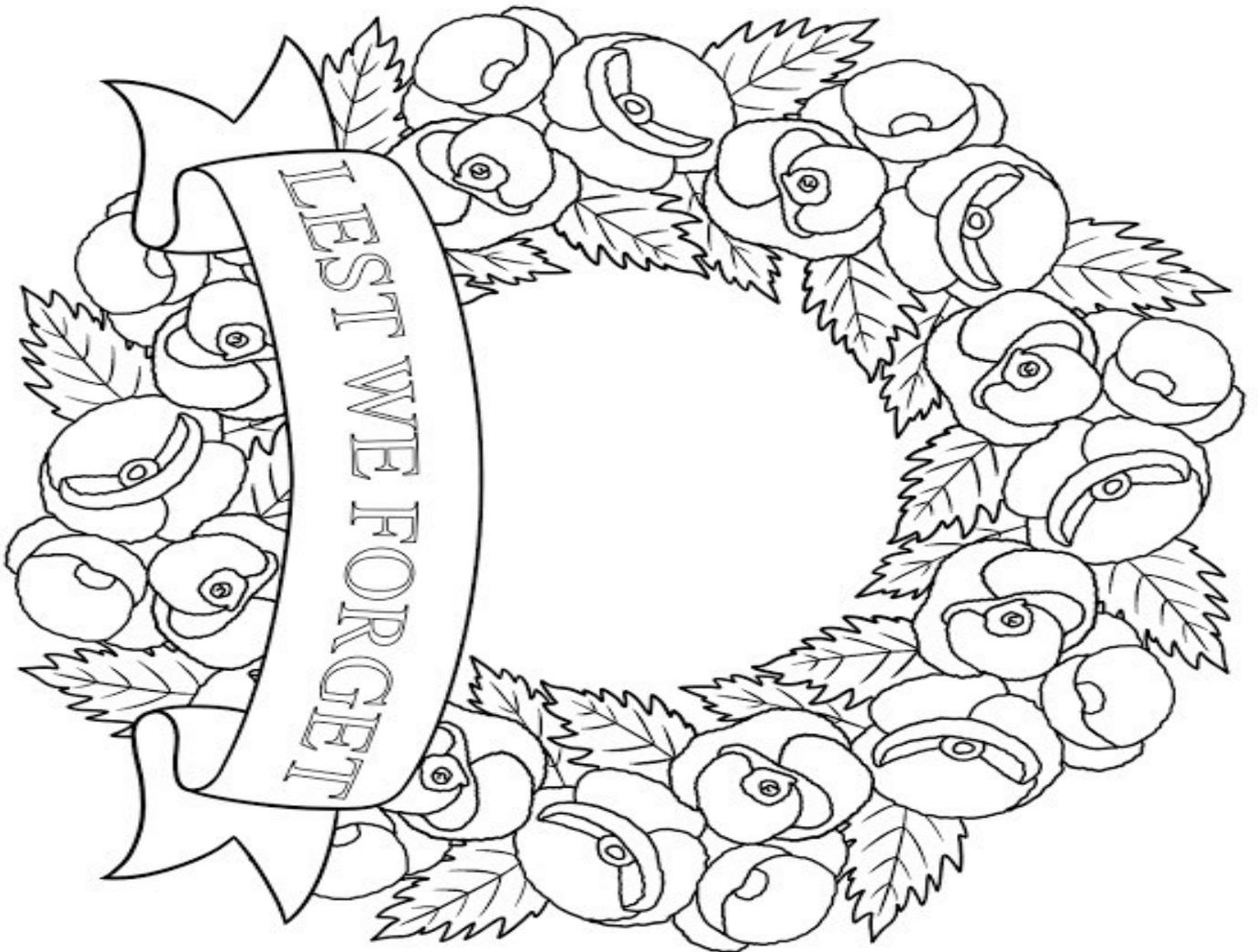
The Barossa Club Connections celebrated a BBQ lunch and had some entertainment from Malcolm and his accordion.



FORGET



LEST WE



ACTIVITY PROGRAM

Wednesday 3rd - General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:00 Walking Group (weather permitting)	Leave from Protea
10:30 Tit Tat Reading	ABGO
11:00 Waratah Service	Waratah
1:30 Armchair exercise	ABGO
1:30 Pampering	TC / Protea
1:30 Tarp Target Toss	Waratah
3:00 Word Games	ABGO

Thursday 4th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Movers and Groovers	Chapel
10:30 Bean Bag Toss	ABGO
1:30 Bingo	ABGO
1:30 Residents Meeting	Chapel
3:00 Parachute Game	ABGO

Friday 5th

From 9am TLH LIBRARY OPEN	TC
10:30 Gardening Group	ABGO
10:30 Hoy	Waratah
11:00 Chapel Service	Chapel
1:30 Movement to Music	ABGO
1:30 Bingo	Chapel
3:00 Tanunda Show Works	ABGO

Saturday 6th

1:30 Rap Ball	ABGO
3:00 Hoy	ABGO
4:00 1x1's	ABGO

Sunday 7th—Daylight Savings Ends

10:00 Church Service	Chapel
1:30 Tunnel Ball	ABGO
3:00 Pet Therapy	ABGO
4:00 1x1	ABGO



Monday 8th

10:30 Tunnel Ball	ABGO
10.30 Hoy	Protea
1:30 Drumming	ABGO
1:30 Knock'em Down	TC / Protea
1:30 Memory Game	Waratah
3:00 Art & Craft	ABGO

Tuesday 9th

10:00 Auxiliary Mending	Protea
10.30 Movers and Groovers	Chapel
10:30 Memory Game	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Ten Pin Bowling	TC / Protea
1:30 Word Games	Waratah
2:00 Sing Along with Doug	ABGO
3:00 Interactive Table	ABGO

Wednesday 10th - General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 Faith Year 3's	Chapel
10:30 Current Affairs	ABGO
1:30 Focus on April	ABGO
1:30 Tarp Target Toss	TC / Protea
1:30 Pampering	Waratah
2:30 Armchair exercise	ABGO
3:00 Guided Walks	ABGO

Thursday 11th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Quoits	ABGO
10:30 Movers and Groovers	Chapel
1:30 Bingo	ABGO
1:30 Ping Pong	TC / Protea
1:30 Wheel Of Fortune	Waratah
3:30 Parachute Game	ABGO

Friday 12th

From 9am TLH LIBRARY OPEN	TC
10:30 Gardening Group	ABGO
10:30 Hoy	Waratah
11:00 Chapel Service	Chapel
1:30 Movement to Music	ABGO
1:30 Bingo	Chapel
3:30 Coffee and Chat	ABGO

Saturday 13th

1:30 Balloon Tennis	ABGO
3:00 Walking Group	ABGO
4:00 1x1	ABGO

Sunday 14th

10:00 Church Service	Chapel
1:30 Bean Bag Toss	ABGO
3:00 Sing Along	ABGO
4:00 1x1	ABGO

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you

Monday 15th

10:30 **Singing in the Chapel** Chapel
 11:00 Worship Service ABGO
 1:30 Ten Pin Bowling ABGO
 1:30 Memory Game TC / Protea
 1:30 **Knock'em Down** Waratah
 3:00 Art & Craft ABGO

Tuesday 16th

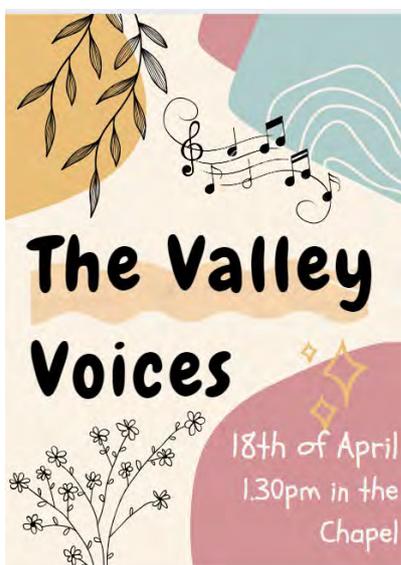
10:15 Knit and Natter Protea
 10:30 Movers and Groovers Chapel
 10:30 Ping Pong ABGO
 1:30 **Men's Shed** The Shed
 Ladies Pampering ABGO
 1:30 **Food Focus Meeting** TC
 1:30 Word Games Protea
 1:30 Ten Pin Bowling Waratah
 3:00 Interactive Table ABGO

Wednesday 17th - General Store Open in ABGO 10-2pm

From 9am **TLH LIBRARY OPEN** TC
 10:00 Walking Group (weather permitting) Leave from Protea
 10:30 Bottle Top Sorting Waratah
 10:30 On this day ABGO
 1:30 Armchair exercise ABGO
 1:30 Tunnel Ball TC/Protea
 1:30 Pick a Box Waratah
 3:00 Word Games ABGO

Thursday 18th

From 10am **CAFÉ SHOP TROLLEY**
 10:30 Quoits ABGO
 10:30 Movers and Groovers Chapel
 1:30 Valley Voices Chapel
 3:30 Parachute Game ABGO



Friday 19th

From 9am **TLH LIBRARY OPEN** TC
 10:30 Gardening Group ABGO
 10:30 Hoy Waratah
 1:30 Movement to Music ABGO
 1:30 Bingo Chapel
 3:30 Table Games / Interactive Table ABGO

Saturday 20th

1:30 Rapp Ball ABGO
 3:00 Hoy ABGO
 4:00 **1x1's** ABGO

Sunday 21st

10:00 Church Service Chapel
 1:30 Tunnel Ball ABGO
 3:00 Pet Therapy ABGO
 4:00 1x1 ABGO

Monday 22nd

10:30 **Singing in the Chapel** Chapel
 11:00 Worship Service ABGO
 1:30 Drumming ABGO
 1:30 Pet Therapy TC / Protea
 1:30 Carpet Bowls Waratah
 3:00 Art & Craft ABGO

Tuesday 23rd

10:15 Knit and Natter Protea
 10:30 Movers and Groovers Chapel
 10:30 Memory Game ABGO
 1:30 **Men's Shed** The Shed
 Ladies Pampering ABGO
 1:30 **Food Focus Meeting** Protea
 1:30 Word Games TC
 1:30 Ten Pin Bowling Waratah
 3:00 Interactive Table ABGO

Wednesday 24th

From 9am **TLH LIBRARY OPEN** TC
 10:00 Walking Group (weather permitting) Leave from Protea
 10:30 Bottle Top Sorting Waratah
 10:30 Current Affairs ABGO
 1:30 Armchair exercise ABGO
 1:30 Pick a Box TC/Protea
 1:30 Tunnel Ball Waratah
 3:00 Guided Walks ABGO

Thursday 25th—ANZAC DAY—Public Holiday

10:30 Anzac Service Chapel



Friday 26th

From 9am **TLH LIBRARY OPEN** TC
 10:30 Gardening Group ABGO
 10:30 Hoy Waratah
 1:30 Movement to Music ABGO
 1:30 Bingo Chapel
 3:30 Quiz / Trivia ABGO

Saturday 27th

1:30 Balloon Tennis ABGO
 3:00 Walking Group ABGO
 4:00 **1x1's** ABGO

Sunday 28th

10:00 Church Service Chapel
 1:30 Bean Bag Toss ABGO
 3:00 Sing Along ABGO
 4:00 1x1 ABGO

Monday 29th

10:30 **Singing in the Chapel** Chapel
 11:00 Worship Service ABGO
 1:30 **Jadee's Fashion** Chapel
 3:00 Art & Craft ABGO

Tuesday 30th

10:15 Knit and Natter Protea
 10.30 Movers and Groovers Chapel
 10:30 Ping Pong ABGO
 1:30 **Men's Shed** The Shed
 Ladies Pampering ABGO
 1:30 **Food Focus Meeting** Waratah
 1:30 Art and Craft TC / Protea
 3:00 Interactive Table ABGO

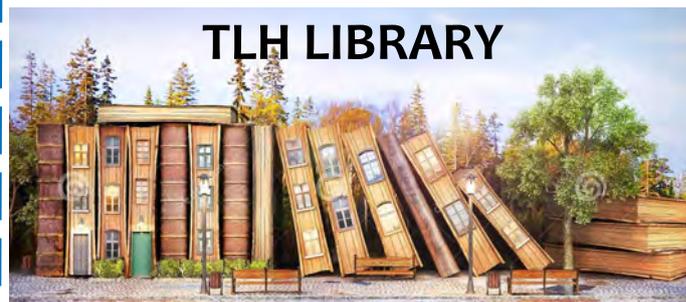
**PLEASE NOTE : ALL LIFESTYLE PROGRAMS
 MAY BE SUBJECT TO CHANGE. PLEASE
 SPEAK TO A LIFESTYLE TEAM MEMBER FOR
 DETAILS ON THE DAY—Thank you**

*Jadee's Fashion
 will be visiting here on*

Monday the 29th of April at 1.30pm
 In the Chapel
 All Welcome



Open Monday to Friday 9am – 3pm
 Café Trolley Available on a
 Thursday Morning from 9:30am
 Closed Public Holidays



TLH Library is located in TC Level 1,
 Open Wednesday and Friday
 from 9am -12noon.
 Stocking a wide range of books (large
 print), magazines, DVD's & puzzles.

TLH HAIR SALON



Open Tuesday, Thursday and Friday
 (located next to the Courtyard Café)
 For appointments please phone
 Nicky on 0422 492 682 or EXT 750

ANZAC DAY WORD SEARCH

R L Z D A P P R E C I A T I O N D
J G R E M E M B R A N C E U S O Y
I N S T N H S C G X P C D A G V V
F H V H X A H F S L G E C J Z D J
F F O A L T S B L A S R A E Y K A
V G G N Y H U E L S I S U C T W D
E G A K S Y L L I F X B A C E N M
T P F F E S I G I N E Z E T T B U
E W D U R P R C J F O T Y P P O P
R R G L O M E E P T O M Q P V N P
A E Q L E G O R I R U A E Q K F E
N A I Y Z Q I G P D U L P R D R O
S T R O G D U Q Z H L Z J H E V F
H H A A E A O Z U T D O D V F C I
N J L D R U Z O X A R T S N L Y G
B F G D O Q G L M I L I T A R Y H
V J F R E E D O M W Y W Y D K J T

appreciation
sacrifice
veterans
fight
pride

remembrance
military
freedom
guard
flag

ceremonies
soldiers
protect
peace

gallipoli
thankful
wreath
poppy

