



**FROM
THE
CHAPLAIN**

**Pastor
John Thiel**



*See
Report
of
Trinity
Opening
On
Page 5*

TIT TAT

**MONTHLY
NEWSLETTER
TANUNDA
LUTHERAN HOME INC
27 Bridge St Tanunda SA
5352**

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★ *Fax* (08) 8563 3744

★ *Email*

info@tlhome.com.au

★ *Website*

www.tlhome.com.au

*The Home is a Christian
Community where, in a family
environment, Residents and
Staff provide mutual care.
Jesus Christ said: "Love one
another as I have loved you"*

John 13:34

JUNE 2016



*Lutheran Church
of Australia*

JESUS IS PREPARING A PLACE FOR US

It was time for Mary to enter an aged care home, and the one Mary and her family chose was Tanunda Lutheran Home.

It was a few years since her husband Fred had died ... Fred, who, while they were watching TV one night, had suddenly been struck by an advertisement offering advice about end-of-life decisions, and had turned to Mary with a serious expression, "Honey, I want you to promise me that if there ever comes a time when I'm dependent on just machines and bottled fluid you will make sure to put an end to it." "No problem, dear," said Mary, and she promptly got up, turned off the TV, and poured his beer down the drain!

Mary had been friends with Ethel since their early days. Now well into their 80s, they still got together a couple of times a week to play cards. One day as they were playing Ethel said to Mary, "You know, we've been friends for many years and, please don't get mad, but for the life of me, I can't remember your name. Please tell me what it is." Mary was silent. She continued to be strangely silent, until finally she said, "How soon do you need to know?"

Now Mary was moving into the refurbished Trinity wing of Tanunda Lutheran Home. She noticed what a wonderful job had been done of the renovations. She was sad to leave her home behind, but full of hope for life in her new home.

She was glad to know that she would be cared for both physically and spiritually. She knew that after an enriching and worthwhile life in Tanunda Lutheran Home, the next step of her journey could well be the home in heaven Jesus Christ had prepared for her. That filled her with hope and joy.

Mary knew she didn't deserve this home in heaven, but that Jesus had won it for her. Mary knew that even when she was finding it hard to remember many things, Jesus would keep remembering her and caring for her until one day she would be in the eternal home Jesus had prepared. A place more beautiful than the prettiest places on earth, a place where there is no more illness, no more suffering, no more sorrow, no more death. A home for life!

Pastor John Thiel

(With thanks to Pastor Darrin Kohrt for jokes he told at Convention)

(See page 2 for invitation to Family and Friends service 5th June)

Pastor John Thiel—phone 8563 7749 — mob 0428 581 838—john.thiel@tlhome.com.au

RAINFALL REPORT—MAY 2016
Selected Years



*Thank you Ralph Kernich
 for supplying this interesting
 information*

Year	Rainfall in mm	Days of Rain	Rain Since 1 January
2003	53.2	12	172.8
2004	47.0	16	95.0
2005	6.4	10	69.4
2006	58.4	11	223.1
2007	51.0	15	268.8
2008	66.8	17	129.1
2011	83.2	12	316.3
2013	69.4	14	148.5
2014	50.1	11	231.6
2015	52.8	13	174.4
To 26th May '16	72.6	11	173.8

*To 26th May 72.6mm has been recorded which is
 above the average for May. In May 1934 no rain
 was recorded. The May with the most rain
 recorded was in 1923 with 184mm.*

DEADLINE FOR JULY ISSUE
 Please note deadline for contributions for
 July Tit Tat is **MONDAY 27th June**

TIT TAT ON LINE
Did You Know?

You can see recent issues of
Tit Tat on line in colour!

Go to www.tlhome.com.au

INVITATION

**Dear resident of Tanunda Lutheran Home,
 family and friends**

*You are cordially invited to attend a Family
 and Friends Church Service*

Gramp Chapel

Tanunda Lutheran Home

on Sunday 5th June 2016 at 10.30am

These services have been enjoyed by residents
 and their family and friends in the past,
 and we hope you can participate

TLH SHOPPING BUS



Departing approx 9:30am
 Return 11:30am. **Cost \$5**

Wednesday	1st	June	Tanunda
Wednesday	8th		Nuriootpa
Wednesday	15th		Tanunda
Wednesday	22nd		Nuriootpa
Wednesday	29th		Tanunda



The deadline for news/information for JULY edition is 27th June

TIT TAT TEAM: Dorcas Kernich (Editor), Myra Othams, Joan Minge
Deliveries: Raelene Rosenzweig, Glenys Greig, Glenis Kupke



Lee Martin

From the CEO



Winter is now upon us - and so is the flu season. I encourage everyone to consider having their flu shots early to ensure you stay well. Stay warm when in the home or outside and enjoy all that nice winter type food. If you are suffering from the flu please consider the residents and staff and refrain from visiting and remain home until you are free of symptoms.

Thank you to everyone for the support over the past weeks in regards the change process that has occurred. It is never easy to say goodbye to people who have been with an organisation for a long time. The farewells were well attended by their work-mates and appreciated by those leaving.

Over the past weeks many interviews have occurred which have resulted in the following appointments:

- ◆ Mark Mudge is appointed as the Clinical Coordinator - his role will be to coordinate all clinical matters for the residents and ensure professional clinical standards and training is maintained. He reports directly to me on a day by day basis.
- ◆ Lisa Morrison has been appointed as the Clinical Nurse of ABG. Lisa is responsible for the day to day management of the ABG residents and staff in the area. It is planned to develop new programs and improved processes to manage behaviours and care. Lisa reports to Mark.
- ◆ Josh Bridge is appointed as the newly created position of Quality, Return to Work & Work Health & Safety Coordinator. His role is to coordinate all quality programs to ensure we meet the accreditation process and to maintain the safety and wellbeing of staff.
- ◆ Sharon Milway has been appointed in the revised role of Placement Coordinator - this role now has a clinical component to ensure all new residents are clinically assessed prior to placement in TLH.

I take the opportunity to welcome the new staff and look forward to working with them into the future. Please make them welcome and say hello when you see them about the facility.

As you are all aware there is an election coming on the 2 July 2016. I am sure there will be lots of promises made for a number of big ticket items to gain votes. Funding for aged care has already via the budget received mixed news - funding has been increased to meet the needs of the rural and remote aged care services and funding is also increased to ensure the My Aged Care web site and assessment process continues to provide a service to the public. However there is a planned reduction in funding for actual care provided by aged care facilities. Over the coming months the Aged Care Funding Instrument (ACFI) provided will be reduced by approximately 15 percent meaning providers will need to find more efficient ways of providing care and services. TLH management is already evaluating how we can meet the changes - it is being planned to hold some information sessions to discuss the proposed changes. Please let us know if there are particular topics you would like discussed.

The TLH Board of Directors has approved the TLH - 27 Bridge Street Master Plan 2016 as the planning document for the next 30 years. The clearing work on the Langmeil site is nearing completion so the planning process of replacing the cottages will commence shortly.

Work has finally been completed in Trinity Court. The re-Opening ceremony on the 23 May 2016 was well attended and enjoyed by all. Thank you to all staff and contractors involved in the refurbishment. Thank you to the residents in Trinity Court for your patience during the process and putting up with the noise, dust and fumes. Work has now commenced in ABG to upgrade the kitchenette and office spaces to gain efficiencies in that area.

Other projects occurring: 120 Menge Road project is going well - two houses remain available for sale. The tendering process is occurring for the building of the three 25 Bridge Street houses - outcome should be known very soon. Planning workshops are planned for the Nuriootpa site project.

We continue to farewell staff and welcome new staff and volunteers. We hope all the new residents are settling in and feeling comfortable - if you have any ideas on how to improve things please let us know.

Lee Martin
19.05.16



Happy Birthday
FOR JUNE

3 Clara Weber	Trinity 1
3 Rita Kernick	Waratah
6 Beatrice Hueppauff	Protea
7 Enid Graetz	Protea
9 Dorcas Kernich	IL
11 Ken Fyfe	IL
17 Wilf Fechner	IL
17 Laurel Zanker	IL
18 Stefan Rozman	Acacia
19 Alex Muir	IL
19 June Stevens	Protea
22 Teresa O'Brien	Waratah
25 Gwen Smith	Trinity 1
26 Jan Schupelius	IL
27 Thelma Ziersch	IL
28 Daphne Krieg	Trinity
29 Sylvia Krueger	Acacia

welcome

RESPIRE

Robert and Margaret Smith
Doris Pfitzner – TC 22
Leona Bruecher — TC 18

PERMANENT

Leona Bruecher — TC 07
Edgars Jaunzarins — TC 09

INTERNAL TRANSFER

Rosalie Harries — Banksia 08 to Acacia 12
Audrey Zerk — Acacia 05 to Banksia 08

DEATHS



*Our deepest sympathy
to the families of*

Maurice Stevens — died 29th April
Joan Cornelius — died 12th May

Rest in Peace



GIVE AWAY

**Ink for
home printer
tri-colour
HP 61
Ph 8563 3594
mob 0409 679 496**

1-7, 120 Menge Road, Tanunda

Independent Retirement Living | Tanunda Lutheran Home

Are you seeking a modern, maintenance free home?

**Seven architecturally designed
independent retirement living homes**

Dedicated maintenance staff

Communal gazebo

Three homes with double garage

Caravan storage

Offering many special design features

Courtyard living

**Carolyn Redden
Independent Living Coordinator**



For all enquiries call 8563 7709 or 0417 351 123, or email ilu@tlhome.com.au

* **SUPPORT FOR** *
* **PINERY FIRE** *
* **SURVIVORS** *
* Volunteers have *
* collected a good *
* assortment of pot- *
* ted plants and bulbs *
* and will be deliver- *
* ing them to Hamley *
* Bridge School on *
* 10th. It's not too late *
* for you to add to the *
* collection. *
* **Ring Joan** *
* **8563 2062** *



Refurbished Trinity Wing

Dedication and Opening—Monday 23rd May 2016



A mammoth task has finally been successfully completed after around twelve months of intense planning, gutting, rebuilding, painting and re-decorating. The former three wings, rather dingy and almost thirty years old, have been replaced with attractive bright, open, updated private rooms, two gardens and one large functional, modern dining room. It has been worth waiting for!



Congratulations to our wonderful Maintenance team and the contractors who did such a great job to bring this major project to fruition. They too, along with the staff and patient residents, are all happy that the project has been completed. The whole challenge of planning (congratulations to our TLH staff) and rebuilding is a remarkable achievement. So it was a real joy to participate in the official re-opening shared with Trinity residents, their families and staff members on Monday morning 23rd May 2016.



Residents began assembling in Trinity 1 at around 10.00am in readiness for the official proceedings at 10.30am. Lee Martin CEO welcomed all present and invited Chris Pfeiffer, TLH board chairman, to cut the ribbon that opened the curtain and revealed the plaque. Pastor Thiel led the Invocation, Opening Sentences and short address, as well as blessing the refurbishments in the name of the Triune God. Rachel Fritz read the Scripture lesson from John 14:1-6. The gathering joined in praying the Lord's Prayer. Lee acknowledged those who were involved in organising today's proceedings, as well as the Maintenance team, all decked out for the occasion! This merited a round of applause! Chris Pfeiffer was called on to open the refurbished Trinity Wing. Lee invited the group to adjourn to the chapel where a delicious morning tea was provided by Kitchen staff.



Residents have benefitted therapeutically from the fresh, open look and feeling of light and space. The whole area has been opened out, two attractive gardens (thank you, volunteers!) provide lovely outdoor space for relaxing and to enjoy fresh air and sunshine. While it was not possible to reduce the gradient of the connecting ramp, electric wheel chairs are provided by staff for those who have difficulty negotiating the link. The common dining room is more efficient for the provision of meals and many residents enjoy the socialising that now takes place. From a clinical perspective, staff appreciate the improvements in sluice rooms, store rooms and nurses' stations.



Renovations undertaken: Roofing tiles were removed to enable access to the roof cavity so that aged, leaking water pipes and fittings in bathrooms could be replaced; ceilings have been raised, former cream brick walls were completely covered with gyprock, most of the bathrooms have been modernised (work still in progress), new large kitchen/dining room replaces three small ones, library transferred from Falkenberg to Trinity 1 is now in a former dining room, with adjacent library store room in what was a small kitchen. As well, there are new floor coverings, blinds and curtains; fresh paint in attractive shades right through; ceiling of the link has been raised for fire safety; large windows in the link give plenty of light and new lights and bedside cupboards were supplied to every room.



Looking Back: Trinity Court was opened by Senator Maguire on 20th September 1987 and dedicated by Pastor David Paech (SA District President Lutheran Church of Australia). The 26 rooms were built at a cost of \$1,070,200. At the time, the accommodation was considered to be of high, deluxe standard.

Ed.

Lord, bless those who live in these rooms with your presence, so that your love may be their inspiration, your wisdom their guide, your truth their light, and your peace their blessing. Protect those who live here, so that they may live in safety, and at the end may enter your heavenly home; through Jesus Christ our Lord.



Farewell to Marilyn

Independent Living Manager for 14 years, Marilyn Langley has decided to retire, hang up her uniform and spend more time with her husband Ian and their family. Marilyn has been employed at Tanunda Lutheran Home for 32 years, starting off as hairdresser. She has seen many changes over the years. Needless to say, she will be missed, but is handing over her role to Carolyn Redden who we are confident will fill Marilyn's shoes admirably.

On Monday 16th May over 70 ILs crowded into the Social Centre to farewell Marilyn. Each IL resident had previously been given a blank piece of paper on which to record, as they saw fit, in their own style, their sentiments regarding their association with Marilyn whilst residing at TLH. The resulting comments in the beautiful album presented to Marilyn bear testimony to the high esteem in which she was held by the contributors. The results were artistically arranged by skilled residents Irene Joppich and Janice Fechner in a large album. A number of speakers voiced their thanks and appreciation to Marilyn in various, innovative, light-hearted forms. Kitchen staff generously provided a beautiful cake, hot drinks and a delicious savoury afternoon tea. Very many thanks to everyone who contributed in any way to the success of this event. Ed.



Cover ↑ and a page ↓ of album



Carolyn and Marilyn



Message from Marilyn to IL Residents

I would like to say a very big thank you to all the Independent Living Residents for making my farewell so special.

What a special afternoon it was – you all made my day and retirement an exciting adventure.

Everyone has touched me in so many different ways and I feel truly blessed that I have had the opportunity to work with you all. Your special messages in my "treasured" book and beautiful flowers have meant a great deal to me.

You are all such wonderful examples of what retirement is about and I am especially looking forward to spending more time with Ian and our family in the next stage of my life. My role here at TLH has been very fulfilling and one that I have valued and enjoyed.

God's Blessings to you all

Marilyn





*More of
the guests
at
Marilyn's
farewell*



**Oscar and Irene
Joppich
sang a duet**



Profile

Clair Altus - Independent Living



Clair (nee Kleinig) was born on 18.11.1930 at Nuriootpa and, at the age of 86, is still a very active IL resident. She was one of a family of eleven children - seven girls and four boys, Clair being number ten—the second youngest. The family at that time lived on their farm at St Kitts. Typical of the times, life was tough and many challenges were faced and overcome. As the older children left home, the move was made to Angaston in 1936. Clair was educated at Angaston Primary after which she attained her Intermediate and Leaving Certificates at Nuriootpa High School.

Living in Angaston, the Kleinig's purchased a milk round and had a herd of up to 18 cows. There was no let up—deliveries were by way of horse and jinker, twice daily, seven days a week! The older children helped with deliveries before and after school. Clair recalls riding her push bike laden with a two gallon bucket of milk and somehow negotiating the hills of Angaston! Milk was ladled out into the customers' containers using a half pint measure. Back in those days, money was safely left on the verandah, either daily or monthly by agreement.

In 1936 the family chose to join St Paul's Lutheran congregation in Tanunda, this church being affiliated with the ELCA (Evangelical Lutheran Church of Australia). Clair was also an active member of the Luther League, enjoying fellowship with members of the Australia wide group. In her teens, for two years, Clair rode her bike to Tanunda for weekly Confirmation classes. After leaving school, Clair was employed, without any training, as a Junior Teacher at Tarlee Primary School. There were seven grades in one room, with two teachers of grades 1, 2, and 3.

Clair had visions of continuing her teaching career, until she met Des Altus, who changed her plans! Clair at the time worked in the Angaston Telephone Exchange; Des was employed at a Tarlee store and later at Eudunda Farmers, Tanunda. Clair and Des were married in January 1951 at St Paul's church Tanunda and by the end of the year welcomed their first born child, Peter. In due course, Michael arrived in 1956 then Joanne completed their family in 1959. They built their own home in Angas Street in 1962. Sadly, following surgery, Michael died at the age of 34. Joanne lives in Tanunda while Peter is in Alice Springs. Clair is proud grandma to four children.

Move to New Guinea Clair's brother Ian was a missionary in New Guinea and a warehouse manager was needed by the American Lutheran Mission in the Western Highlands. So Clair and Des heeded the call and lived there from 1964 to 1968, attending to goods flown in and sent out. It rained nearly every day in the afternoon. Their home, known as a bush house, was a three bedroom dwelling, with walls made from woven bamboo and with a thatched roof. Because of the high fire risk, the kitchen with a wood stove was in a separate iron structure. Clair had a kerosene fridge, a Goern washing machine and a much valued house boy who pumped it! Rain water was connected to the house. Their garden thrived with fast growing vegetables, bananas and pineapples, and colourful flowers. They had fowls, baked their own bread and meat was flown in weekly from Madang. Michael and Joanne boarded at Amapyaka for their schooling, while Peter stayed in Australia and attended Concordia College for his secondary education. Back in Australia in 1968, Des worked at Yalumba Winery until he retired. Sadly, Des died ten years ago in 2006.

Clair has lived in her lovely renovated unit at No 4—35 Langmeil Rd since October 2013. She is very happy here, enjoying the challenges of the twice-weekly gym classes, also visiting residents three afternoons each week while helping Sean with the programs.



Typical Bush house in
New Guinea

Clair also helped to peel vegetables here at TLH back in the days when teams of volunteers regularly peeled vegies at the rear of the kitchen. Clair has participated in a variety of competition sports over the years—netball, tennis, bowls and golf and played bowls up until last year. She is still active in St Paul's Ladies' Fellowship and has an amazing record of delivering Meals on Wheels for forty years! She was awarded a certificate last year.

Well done, Clair!

Thank you for sharing your interesting story

Ed.

VOLUNTEERS' MORNING TEA

10th May 2016



Volunteers who met in the Social Centre for another delicious morning tea were in for a surprise when a former Matron and long term volunteer was about to be honoured.

Selina (Sally) Schiller was awarded the Premier's Certificate of Recognition for outstanding volunteer service. Though now in residential care, this has not hindered Selina who visits, prays, counsels and helps out wherever she can—always with a welcoming smile.

Trevor Ratsch, former TLH board member, recalled his earlier association with Selina. On congratulating her for this well deserved award, Trevor said that Selina attended board meetings, after working long hours, to ensure the best care was provided for residents. Selina voluntarily worked many hours of overtime when Matron from 1965 until 1982. *We thank God for you, Selina. May he bless you richly all the days of your life.*
Ed.



Left: Selina and Rachel Fritz, Manager of Volunteers



Right: Glenis Kupke samples the special cold tea



1



2



3



4



5



6

1. Clair Altus, Bev Mattner, Margaret Seeliger.
2. Pauline Leske, Julie Calaguio, Evonne Pritchard.
3. Chris Thomas, Margaret Jasper.
4. Anne Tscharke, Rae Materne, Ira and Errol Zeunert, Elaine Leditschke.
5. Joan Minge, Judy Nicholls, Irene Joppich.
6. Joan Schiller, Chris Davidson.

ATTENTION—ATENCAO—POZORNOST—AUFMERKSAMKEIT—UWAGA—ATENSI

CALLING ALL VOLUNTEERS

DO YOU HAVE AN EMAIL ADDRESS?

Unfortunately in the past couple of years, normal postage as we always knew it has become very expensive. For this reason, if you have an email address, could you please give it to Rachel so that all future correspondence can then be sent via email. This will save the Home a huge amount of money, the savings then being passed on to the care of the residents.

Thank you all for your help with this!

You will be contributing to a greener planet and helping TLH in the process too!



Volunteer News

Rachel Fritz - Manager of Volunteers—8563 7775

Hello everyone, How amazing that we find ourselves in June! Halfway through 2016 already!

This month we have the volunteer visitor's meeting on Tuesday the 28th of June in the Social Centre at 10.30am.

Preparations are also underway for the annual mid year thank you lunch to be held on Tuesday the 5th of July. Come along and be spoiled! RSVP's will need to be in by the 21st of June for catering purposes. I hope to see you there! Rachel



Please remember when ordering meals, they must be ordered a week before.

Meals ordered for weekends need to be ordered the Wednesday previous.

Thank you

Sign in and out forms

Just a reminder that sign in sheets need to be sent back to me before the end of the month so that I can calculate hours.

Thank you for your help with this one!



Quiz of the month

What word describes the inverse indentation often found on the bottom of a wine bottle?



Punt

Birthdays for June

- Deborah Darby—29/6
- Wilfred Fechner—17/6
- Karen Homan—4/6
- Pamela Jones—6/6
- Dorcas Kernich—9/6
- Joan Lindner—17/6
- Kathy Piscioneri—16/6
- Jan Schupelius—26/6
- Carol Seidel—7/6
- Steve Zimmermann—11/6



Volunteer appreciation morning teas...

Come and enjoy a delicious morning tea and a catch up with everyone.

10.30am in the Social Centre
Tuesday
7th June

Hope to see you there!!



Anniversaries

- Margaret Bland— 3 years
- Barbara Burford— 2 years



PLEASE REMEMBER TO SIGN IN & OUT?

Welcome New Staff



Lisa Morrison
Clinical Nurse
ABG
Change of Position



MARK MUDGE
Clinical Coordinator



JOSH BRIDGE
Quality, Return to Work & Work Health & Safety Coordinator



SHARON MILWAY
Placement Coordinator
New Position



LEAH DYER
Enrolled nurse



MAGGIE TRUONG
Housekeeping



MICK PARTINGTON
Returning to Maintenance for 3 months

BLISS CARE

Fitness for Seniors

- ◆ Supervised by Physios
 - ◆ Balance helps prevent falls
 - ◆ Keeps you fit
 - ◆ General cardiac fitness
 - ◆ Elevates heart rate
 - ◆ Good for leg muscles
 - ◆ Weights strengthens muscles
 - ◆ Have fun while socialising
- All Seniors welcome—no age limit!
See the Physios at the TLH Gym for further information
Come along—have fun—keep fit!
Tuesdays, Thursdays 9.00-10.00am
\$6.00 per session Phone 8563 7777

Hill & Son Grand Organ Up Coming Event

Barossa Regional Gallery, Tanunda Soldiers Memorial Hall
Saturday 25th June 2.00-4.00pm
An informal afternoon with rotating opportunities for you to tour the insides of the organ, hear about the organ's history, taste the organ's sounds in an organised demonstration, or try the organ informally for yourself!
Come and go as it suits in this relaxed afternoon of exploration.
Enjoy a cuppa. Bring friends and family
A Free event. We request a donation to help with costs.

For a range of excellent radio programs and music with meaning!

VISION CHRISTIAN RADIO TANUNDA Tanunda 87.8 FM is now back on air!

A couple of dedicated Vision advocates have provided what was needed to enable Tanunda listeners to once again hear quality Christian radio in their area.

Nuriootpa is running as per usual—
Nuriootpa 87.6 FM

Volunteers are needed for the following roles:

**The podiatrists, hairdressers
for June 7th & 21st
and Wednesdays in the Café.**

**If you would like to
be involved please see Rachel**



INDEPENDENT LIVING



DROP-IN MORNING

First Thursday of month
*Pop in—stay for a coffee—
come and go as you please
at this informal monthly morning*



HAVE YOU TRIED THE NEW SPA?

Protea Wing
*Therapy sessions include a
spa bath and
neck and shoulder massage
by a professional massage therapist.
Designed to relax the mind, body and soul.*

Basic treatment \$25.00

*Available to Independent Living and
Residents in care, also staff members.
Vouchers: Hairdressing Salon 8563 7750
Enquire about the hand massage too*

*Keep this in mind when considering
a birthday gift—or just any time!*

WORK WANTED BY STUDENT

COMPUTER ISSUES?

I can come to your home!

Phone
Ezra Radke

8563 3996



Living on earth is expensive, but it does include a free trip around the sun every year.

Stealing someone's coffee is called mugging

Whoever invented "Knock-Knock" jokes should get a No-Bell prize

CULTURAL MEALS FOR 2016

Third Tuesday of each month



- June 21 **Christmas theme**
- July 19 **America 4th July**
- August 16 **Spain BOOM! Festival**
(Hippie theme-music, art, culture)
- September 20 **Italy Venetian Masks Carnival**
- October 18 **Germany Oktoberfest**
- November 15 **Thailand Moon Lantern Festival/ Festival of Light**

INDEPENDENT LIVING RESIDENTS

Saturday Ladies' Get Together 1.30pm in Courtyard Cafe

First Saturday of each month
Next one 4th June

Please bring small plate of food

Enquiries: Margaret Spike 0481 255 041

Watch your Prayers



Don't pray for rain if you intend to complain about the mud

KEEPING WARM



- BERET
- BLOUSE
- CAPE
- CLOAK
- FLANNELS
- GLOVES
- JACKET
- MITTENS
- PARKA
- PULLOVER
- SCARF
- SHIRT
- SOCKS
- SWEATER



Find 8 differences



MOBILE VISITING SERVICE Forthcoming Elections

*There will be a mobile visiting service at
Tanunda Lutheran Home on
Thursday 23rd June 2016 from 9.00am to 12.00 noon
in the Social Centre*

This service is open to Residential and Independent Living Residents who will be unable to attend a Public Polling place on Election Day 2nd July 2016

Representatives/ Family Members are encouraged to assist in transporting Residents to the Mobile Visiting Service as staff may not be available.

If you have already applied for a Postal Vote, please continue to use this service to vote.

If you have any queries regarding this service please go to the Australian Electoral Commission website

www.aec.gov.au/election

Posters will be displayed on Notice Boards closer to Visiting Service Day or you can contact Ann O'Donnell – Administration Manager on 8563 7777



Resident Meeting
Wednesday 29th

In the Chapel

1.15pm

Come along & have
your say!

Bus trip



The Barossa
Club take 2!!

**Numbers are strictly limited
due to the popularity of this
trip! Be quick!!**



Lifestyle Program

June 2016

Wednesday 1st

10.30 Individual visitation with Odette	
10.30 Individual visitation with Sean	
10.30 Gospel Goals	Chapel
1.15 Games afternoon with Odette	Chapel
2.15 Sunshine time with Sean	Grevillea
3.00 Sundowners with Sean	ABG

Thursday 2nd

10.30 Individual visitation with Sean	
10.30 Individual visitation with Odette	
10.00 & 11.00 Exercises with the physio	Chapel
1.30 George Davies	Chapel
2.15 Sunshine time with Odette	Grevillea
3.00 Sundowners program with Sean	ABG

Friday 3rd

10.30 Individual visitation with Odette	
10.30 Individual visitation with Sean	
10.30 Individual visitation with Pam	
11.00 Help for Living	Chapel
1.15 Rae's reading	Chapel
1.15 Bingo with Pam	Waratah
1.15 Craft with Odette	ABG
3.00 Sundowners program with Sean	ABG

Happy Hour in all areas in PM activities

Saturday 4th

10.30 Family and friends worship service with HC	Chapel
--------------------------------------------------	--------

Sunday 5th

10.15 Hymn Singing	Chapel
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10.30 Individual visitation with Sean	
10.30 Individual visitation with Pam	
10.30 Food Focus Group	Social Centre
11.00 Worship service	Acacia
1.15 Bingo with Pam	Waratah
1.15 Karaoke with Sean	ABG
3.00 Sundowners with Sean	ABG

Tuesday 7th

10.30 Sewing and knitting group	Protea
10.00 & 11.00 Exercises with the physio	Chapel
10.30 Individual visitation with Sean	
10.30 Individual visitation with Pam	
1.15 Ladies' group with Pam	Banksia
1.15 Men's group with Sean	The Shed
2.30 Sunshine Time with Sean	Grevillea
3.00 Sundowners program with Sean	ABG

**PLEASE NOTE ALL LIFESTYLE PROGRAMS
MAY BE SUBJECT TO CHANGE**

Wednesday 8th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Odette
 10.30 Gospel Goals
 1.15 Bobby Dazzlers
 3.00 Sundowners Program with Sean

Chapel
 Chapel
 ABG

Thursday 9th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Odette
 10.00 & 11.00 Exercise group with the physio
 1.30 Deutsch Group
 1.30 Arm chair travel
 3.00 Sundowners program with Sean

Chapel
 Chapel
 Waratah
 ABG

Friday 10th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Pam
 10.30 Individual Visitation with Odette
 11.00 Help for Living
 1.15 Bingo with Pam
 1.15 A right Royal afternoon with Sean
 1.15 Reminiscing with Odette
 3.00 Sundowners Program with Sean

Chapel
 Waratah
 Chapel
 ABG
 ABG

Happy hour in all areas in PM activities

Saturday 11th

Sunday 12th

10.30 Worship service with Holy Communion

Chapel

Monday 13th

Public Holiday Queen's birthday  

Tuesday 14th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Pam
 10.30 Sewing and knitting group
 10.00 & 11.00 Exercise with the physio
 1.15 Ladies' group with Pam
 1.15 Men's group with Sean
 3.00 Sundowners program with Sean

Protea
 Chapel
 Banksia
 ABG

Wednesday 15th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Odette
 10.30 Gospel Goals
 1.15 Lorraine Gregory
 1.30 Sunshine time with Odette
 3.00 Sundowners program with Sean

Chapel
 Chapel
 Grevillea
 ABG

Thursday 16th

10.30 Individual Visitation with Sean
 10.30 Individual Visitation with Odette
 10.00 & 11.00 Exercises with the physio
 1.30 South Australian Police Band concert
 3.00 Sundowners program with Sean

Chapel
 Chapel
 ABG

Friday 17th

10.30 Individual visitation with Odette
 10.30 Individual visitation with Sean
 10.30 Individual Visitation with Pam
 11.00 Help for Living
 1.15 Bingo with Pam
 1.15 Margaret Tepper
 1.15 Rae's reading
 3.00 Sundowners Program with Sean

Chapel
 Waratah
 Chapel
 ABG
 ABG

Happy hour in all areas in PM activities

Saturday 18th

Sunday 19th

10.30 Worship service with Holy Communion

Chapel

Monday 20th

10.15 Hymn singing
 10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Pam
 11.00 Worship service with Holy Communion
 1.15 Bingo with Pam
 2.30 Margaret Tepper
 3.00 Sundowners program with Odette

Chapel
 Acacia
 Waratah
 ABG
 ABG

Tuesday 21st

10.00 & 11.00 Exercise group with the physio
 10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Pam
 10.30 Sewing and knitting group
 1.30 Ladies' special afternoon (shoes, bags, clothing and more! Shopping!!)
 1.15 Men's group with Odette
 3.00 Sundowners program with Odette

Chapel
 Protea
 Chapel
 ABG

Wednesday 22nd

10.30 Individual visitation with Odette
 10.30 Gospel Goals
 1.15 Gary and his Uke
 2.00 Gary and his Uke
 3.00 Sundowners with Pam

Chapel
 Chapel
 Banksia
 ABG



REMEMBER Afternoon Lifestyle Programs may now commence at 1.15pm Instead of 1.30pm unless stated.
 Kind Regards, The Lifestyle Team.

Thursday 23rd

10.30 Individual Visitation with Odette
 10.00 & 11.00 Exercises with the physio **Chapel**
 1.15 A day at the movies with Odette **Chapel**
 3.00 Sundowners program with Pam **ABG**

Friday 24th

10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Pam
 11.00 Help for Living **Chapel**
 1.30 Bingo with Pam **Waratah**
 1.30 Sunshine time with Odette **Grevillea**
 2.00 Fun & games with Odette **ABG**
 3.00 Sundowners program with Pam **ABG**

Happy Hour in all areas in pm activities

Saturday 25th

Sunday 26th

10.30 Worship service with Holy Communion **Chapel**

Monday 27th

10.15 Hymn singing **Chapel**
 10.30 Individual Visitation with Odette
 10.30 Individual Visitation with Pam
 11.00 Worship service with Holy Communion **Acacia**
 1.15 Bingo with Pam **Waratah**
 1.15 Reminiscing with Odette **ABG**
 3.00 Sundowners program with Odette **ABG**

Tuesday 28th

10.30 Knitting and sewing group **Protea**
 10.00 & 11.00 Exercises with the physio **Chapel**
 Staff organisational day **No Activities today**
 3.00 Sundowners Program with Pam **ABG**

Wednesday 29th

10.30 Individual visitation with Odette
 10.30 Gospel Goals **Chapel**
 1.15 Resident meeting **Chapel**
 2.00 Quizzes with Odette **Chapel**
 3.00 Sundowners program with Pam **ABG**

Thursday 30th

10.30 Individual Visitation with Odette
 10.00 & 11.00 Exercises with the physio **Chapel**
 1.30 Bus trip to The Club House
 3.00 Sundowners program with Pam **ABG**

The South Australian Police Band

Thursday 16th June

1.30 Chapel



Don't miss out on this amazing concert!



Reminder

There will be no activities on Tuesday 28th June due to a Lifestyle staff cleanup and organisation day

Our apologies for this. Normal activities will resume the next day.

7 Steps to Happiness:

Think Less, Feel More

Frown Less, Smile More

Talk Less, Listen more

Judge Less, Accept More

Watch Less, Do More

Complain Less, Appreciate More

Fear less, Love More



Please note the Lifestyle program may be subject to change