



Photo Location: Tuscany Hill Café, Waratah

## Message from the Chaplain - Ian Lutze

### *Blessings for Christmas*



Coming down Gomersal Road on the way to work last week, I felt that all was well with the world. Beautiful fluffy clouds drifting across the sky. The shimmering green of the healthy vines. The clean, freshly harvested paddocks. My car purring along ... But was I reading the sights around me correctly? How well did those vines flower after earlier frosts? How do the grain farmers regard their harvest?

Many highly dramatic stories begin something like: "It began as a beautiful day ..." Sometimes the surface impression is all we need, and the great day remains a great day. Sometimes the great start provides the back-drop for all kinds of accidents, arguments, mis-interpretations or the continuation of struggle.

The lead up to Christmas may be naively happy for some, and we sometimes put a lot of energy into ensuring it stays like that. But Jesus' coming was always set against the backdrop of a suffering community in need of a Saviour of some kind, or at least some assurance that this old world should end soon so that something much better might replace it. A baby born in a manger was a good start, a sign that perhaps God still has hope in this world, hope that it can be saved. Jesus (the adult) once encouraged people to read the signs – like interpreting a sprouting fig tree as a sign of hope for warmer weather. Jesus (the baby) was the best sign of all.

All of us can dream of the kind of Saviour/s that we need: the surprise, the magic, that can set our lives on the right course again. Saving from ourselves may be our greatest need – to find a way to be happy again, let things go, stand tall when required, be a leader.

Joy to the World is the promise of Christmas. May you seek it, find it, stumble across it, see the signs of it coming, and be the sign for yourself and for all the precious people in your life and beyond.



The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

“Love one another as I have loved you”

*John 13:34*



27 Bridge Street, Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax : (08) 8563 7799
- ★ Email : [info@tlhome.com.au](mailto:info@tlhome.com.au)
- ★ Website : [www.tlhome.com.au](http://www.tlhome.com.au)
- ★ Facebook : Lutheran Homes Barossa



**Lutheran Church  
of Australia**

*Welcome*  
**NEW RESIDENTS**

**Respite**

Maureen Royle  
Richard Hylton-Stewart  
Melvyn Sonntag

**Permanent**

Irene Joppich

**DECEMBER BIRTHDAY  
CELEBRATIONS**

**12th** Shirley Rowe  
**13th** Brenda Button  
**16th** Keith Kuchel  
**17th** Ernst Ziermair  
**18th** Eileen Ingham  
**20th** Lola Miles  
**25th** Patricia Rohrlach  
**31st** Venus Bessell

*Happy Birthday!*

**IN LOVING MEMORY OF**

*Our deepest sympathy to the families of*

*Wilfred 'Wilf' Fechner 18th November*

*May they rest in peace ...*

**Wishing you all a  
Merry Christmas and  
a Happy New Year!**

**SHOPPING BUS**

Wednesday 4th December  
Wednesday 11th December  
Wednesday 18th December



LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

**JANUARY TIT TAT** The deadline for all News/Information/Stories/Photos is **Friday 20th December 2024**. Please send to [kasey.welch@tlhome.com.au](mailto:kasey.welch@tlhome.com.au) or see at Reception. The TitTat will be released on the 7th of January 2025. We apologise for any inconvenience.

What is the parking fee for Santa's sleigh?



*Nothing. It's on the house!*

Why did the gingerbread man go to the doctor?



*He was feeling crummy*





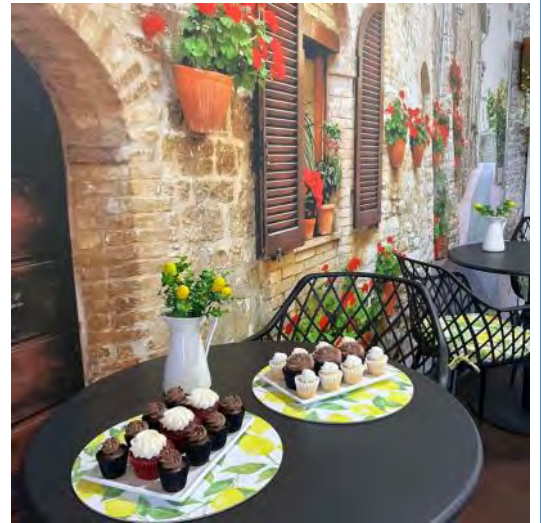
# Welcome to Tuscany



Last month was the official opening of the Tuscany Hill Café. Residents, family and staff all gathered to celebrate, share a sweet or two and relax in the new environment.

The Café displays some beautiful features of a true Italian Café, but right here in the heart of Lutheran Homes Barossa.

Special mentions to Sharon Berridge, the Lifestyle Team, the Maintenance Team and the LHB Ladies Auxiliary for helping create this beautiful space which will be enjoyed by all.



Lutheran Homes Barossa, in collaboration with Health X Australia, welcomes PALM (Pacific Australia Labour Mobility) workers to our Community. They have joined the team as Personal Care Workers.

They are all enjoying being part of the team and assisting LHB to combat workforce shortages in the Industry. Thank you to all staff for supporting and mentoring them as they settle in.

# QUALITY INFORMATION



**Sharon Berridge - Executive Care Manager**

**Lisa Morrison - Clinical Nurse Consultant**



**Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator**



We would like to wish you all a very Happy Christmas and pray you all a safe festive season.

Remember to stay hydrated and if you are outside, wear a hat and sun screen and seek shade.

We excited to see what 2025 has to offer!

## COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

During November, LHB received compliments about Care / Clinical (6), Housekeeping / Laundry (o), Customer Service / Administration (o), Education / Training (o), Environment (o), Catering (4), Lifestyle / Volunteers (9), Maintenance (2), Management & Communication (o), Safety (o), Staff (o), Wellbeing (o), CHSP (o) and Other (o).

During November, LHB received complaints about Care / Clinical (1), Housekeeping / Laundry (o), Customer Service / Administration (2), Education / Training (o), Environment (o), Catering (1), Lifestyle / Volunteers (o), Maintenance (o), Management & Communication (o), Safety (o), Staff (o), Wellbeing (o), CHSP (o) and Other (o).  
and a total of (o) Suggestions.

We value this feedback and thank you for taking the time to communicate your thoughts, opinions and experiences with us.

*Reminder to families and friends who visit on a Sunday.  
Please continue to use the Protea entrance to come into the Home. The Chapel is not a throughfare. Thank you!*





# Do you have a concern?

You can do something about it. If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822  
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. Your local contact within this service is:

Sharon Berridge, Care Manager  
Phone: 03 8563 7757 or Email: [sharon.berridge@lhome.com.au](mailto:sharon.berridge@lhome.com.au)  
Rachel Strudwick, Operations Manager  
Phone: 03 8563 7771 or Email: [rachel.strudwick@lhome.com.au](mailto:rachel.strudwick@lhome.com.au)  
Ameya Bhiskute, Finance Controller  
Phone: 03 8563 7786 or Email: [ameya.bhiskute@lhome.com.au](mailto:ameya.bhiskute@lhome.com.au)  
Cindy Penn, Home Care Manager  
Phone: 03 8563 7709 or Email: [cindy.penn@lhome.com.au](mailto:cindy.penn@lhome.com.au)

If you can't resolve your concern with your service provider, you can contact the Aged Care Quality and Safety Commission

- Anyone can lodge a concern
- It is free
- You can be anonymous or confidential
- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards
- Call us on 1800 951 822 or visit [agedcarequality.gov.au](http://agedcarequality.gov.au) for more information

Phone: 1800 951 822  
Web: [agedcarequality.gov.au](http://agedcarequality.gov.au)  
Write: Aged Care Quality and Safety Commission  
GPO Box 9619, 11 Your Capital City

## Share Your Experience

LHB support's your right to share compliments, suggestions, concerns or to make a complaint.

We welcome feedback and complaints as part of our commitment to provide a high-quality service.

Share the things we are doing well; We appreciate hearing from you.

If you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For feedback, compliments, suggestions, concerns, or complaints; complete the Share your experience form, or alternatively direct your feedback to one of the key personnel listed below:

<b>Care Manager</b> – Sharon Berridge (Including Clinical Care, Lifestyle, Allied Health)	<a href="mailto:sharon.berridge@lhome.com.au">sharon.berridge@lhome.com.au</a> or Ph: 8563 7757
<b>Operations Manager</b> – Rachel Strudwick (Including Catering, Housekeeping Administration & Maintenance)	<a href="mailto:rachel.strudwick@lhome.com.au">rachel.strudwick@lhome.com.au</a> or Ph: 8563 7771
<b>Community Services &amp; Retirement Living Manager</b> – Cindy Penn (Including CHSP & Retirement Living Units)	<a href="mailto:cindy.penn@lhome.com.au">cindy.penn@lhome.com.au</a> or Ph: 8563 7709
<b>Financial Controller</b> – Ameya Bhiskute (Including Accommodation & Fees / Bonds)	<a href="mailto:ameya.bhiskute@lhome.com.au">ameya.bhiskute@lhome.com.au</a> or Ph: 8563 7768

## CHRISTMAS PLANNING

As we are officially into the Christmas season, we are looking to find out in advance, if you or your loved one will be offsite over the Christmas period. This will allow us to properly organise catering, care, and support needs. If you will be taking your loved one out of the Home for a day or a longer period, **please let us know** by visiting or calling Reception on 8563 7777.

## ADMINISTRATION CLOSED PERIOD

The Administration Office and Entrance will be CLOSED from 4:00pm Friday 20th December 2024 and will reopen at 8:30am on Monday 6th January 2025.

During these times, please enter the facility via the Protea/Chapel Entrance. If you require assistance, please call the Registered Nurse on 8563 7712.





# NOTICEBOARD

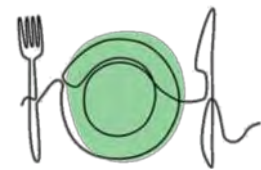
## GENERAL STORE



The General Store is currently taking bookings for 2025. For any families or visitors wishing to book out the General Store for a morning or afternoon tea, please contact Reception or the Lifestyle Team. Great chance to reminisce on the memories, while sharing a cuppa and scone.



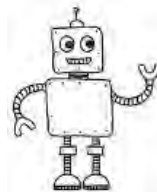
## COURTYARD CAFE



Have you noticed our Courtyard Café specials board located at Reception? How about the new layout and table decor in the dining area? If this all sounds new to you, be sure to check this all out on your next visit.

The Courtyard Café has had a wonderful year, and we would like to thank everyone who has support us.

## ROBOT UPDATE



Our robots are planning to be extra busy over the Christmas & New Year Period. They will be ensuring meals and laundry are delivered on schedule and floors are kept clean for families and visitors. If we're lucky, we might be able to have our wonderful Abi Robot sing a Christmas Carol. We would love for anyone to share their comments regarding our robots on our Share Your Experience forms located around the Home. We cannot wait to see what 2025 has instore for our LHB robots.





## CHRISTMAS RAFFLE



**\$2.00 per ticket OR 3 for \$5.00**

Tickets are available for purchase at Reception and Protea Loungeroom. The raffle will be drawn on Friday 20th December.



## CHRISTMAS FAMILY FUNCTION

Thankyou to the families who have booked a table at one of our Christmas Function Lunches on Tuesday 17th December or Thursday 19th December. The booking are now officially closed as we have reached our maximum numbers.

To those joining us for our special events, please remember the following:

- The event starts at 11:30am, please be ready and seated by 12pm for serving.
- If you have not informed us of any dietary requirements, please call Reception on 8563 7777
- We encourage guests to dress in their Christmas attire to bring out the true spirit of Christmas!





Jay Jay & Keith Kuchel



Sean Hyland



Kye O'Connell & Fay Nixon



Gary & Doug - G & D Duo



The Auxiliary Ladies



Malcolm & Pat Rohrlach



Sheree Wills



Sandra Atze



Courtney Mudge



Roger Brent & Belinda Treloar



Kathy Maas, Jennifer Rees & Elaine Leditschke



Daphne Gower





Rodney Lomman



Ian Lutze, Mark Bartsch & Helen Hatch



Shirley Rowe & Belinda Treloar



Jan Schupelius



Nardy & Brian Elkins



Alex &



# CHRISTMAS FETE 2024



What an amazing turnout we had for our Christmas Fete 2024. We would like to give a big thank you to all our volunteers and helpers on the day, as without you, this wouldn't have been possible. Thank you to all the many businesses and companies who supported us by providing donations and raffle prizes. Thank you to everyone who came along for all the fun, to support Lutheran Homes Barossa. It was amazing to see people come together to support our little community.



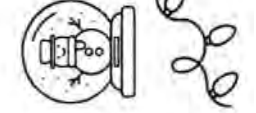
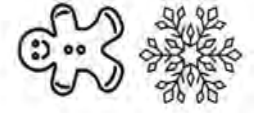
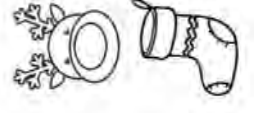
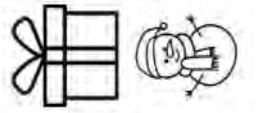
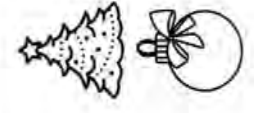
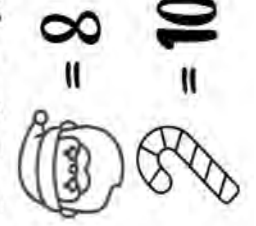
Congratulations to the winner of our Mega Raffle, Debbie Naehar and the winner of our 'Guess the Coins', Kim Sawers! Thank you to all who entered.



# CHRISTMAS I SPY & COLOR



## FIND & COLOR:





Thankyou to our amazing staff who go above and beyond for the Christmas displays around the Home. Our residents look forward to these each and every year!



A big thankyou to our LHB Volunteer Annette Boyce for keeping the tradition alive with the annual Christmas Tree Display. If you have not seen it yet, please stop by Protea for a look.



# WHAT'S HAPPENING IN DECEMBER

## RESIDENTS MEETINGS

THURSDAY 5TH OF DECEMBER 1:30PM IN THE CHAPEL

ALL FAMILIES AND REPRESENTATIVES ARE WELCOME TO JOIN US



*Bronny Rees  
Entertainment*

*Tuesday 10th of  
December at 1.30pm  
in the Chapel*

**Light Pass Choir  
Wednesday 11th of  
December at 1.30pm  
in the Chapel**



**Valley Voices  
Monday 16th of  
December at  
1.30pm in the  
Chapel**



**MOVERS AND  
GROOVERS**

**EVERY TUESDAY AND  
THURSDAY 10:30AM**



**Wednesday 18th of  
December Biscuit Decorating  
1.30pm in Protea Lounge**



**Christmas Raffle to be drawn  
Friday 20th of December at  
1.30pm in the Chapel**



**Christmas Day Service at 11am  
in the Chapel**



Everyone is  
welcome

To book an appointment with Belinda Treloar you can contact the Executive Assistant by

Email: [britany.mickan@tlhome.com.au](mailto:britany.mickan@tlhome.com.au) or

Ph: 8563 7733

You can also contact The Aged Care Quality & Safety Commissioner on 1800 951 822 or National Aged Care Advocacy Line on 1800 700 600 - if you prefer not to raise your concerns with management.



Please return this form to the Customer Service Coordinator at Tanunda Lutheran Home via any of the drop boxes located through-out the home or drop of at reception, alternatively you can post

to  
Tanunda Lutheran Home  
Attn: Customer Service Coordinator  
27 Bridge Street TANUNDA SA 5352

## We welcome feedback

This form gives you the opportunity to "Share Your Experience" about the service Tanunda Lutheran Home provides.

We value all your feedback (both positive and negative) as it assists us, as we strive for best practice.

This form may be filled in by anyone: residents, relatives, independent living residents, CHSP clients, friends or staff.

Please feel free to ask staff to assist you to complete the form if required. There will be no reprisal in connection with comments.

The Manager will acknowledge receipt of this form and after any necessary investigations and consultation you will be informed of the results either in person or by letter if you have indicated so.

All the comments are forwarded to Belinda Treloar (Customer Service Coordinator) who coordinates the comment process and will ensure the correct person is notified of your comment.

You can contact Belinda directly via email at [belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au)

# Share Your Experience



### Comment Makers Information

By providing your details it ensures that we are able to contact you and inform you, of any and all outcomes from your feedback.

Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

On Behalf of: \_\_\_\_\_

If you have provided your details but wish to remain anonymous please tick the box

### OFFICE USE ONLY

Date Received: \_\_\_\_\_ CCS Log No: # \_\_\_\_\_

Comment Maker Acknowledged: Yes/No

Phone  Letter  Email  In Person  Newsletter  
Comment forwarded to Department Leader:

CI Required? Yes/No

Was the outcome satisfactory: Yes/No N/A

Closure Date: \_\_\_\_\_

Follow Up: Yes/No N/A   
3 Months  6 Months   
9 Months  Other: \_\_\_\_\_

Resident  Relative  Staff  IL Resident  CHSP Client  Other: \_\_\_\_\_

Comment  Compliment  Complaint  Suggestion Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Comments / Details:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Would you like to discuss this issue with the relevant leadership team member? Yes/No

Do you have any suggestions of how we can improve the services provided?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Thank you for being apart of our TLH family, our people are our greatest strength,  
we appreciate your comment.*





# VOLUNTEER NEWS

Belinda Treloar;  
Customer Service, Volunteer  
& Leisure Coordinator



## VOLUNTEERING AT LHB

If you would like to become a volunteer at LHB, please either send me an email at [belinda.treloar@tlhome.com.au](mailto:belinda.treloar@tlhome.com.au) or you can call reception.

### Happy Birthday

To all our wonderful volunteers for the month of December, Many happy returns.



## CAN YOU HELP?

We are currently seeking volunteers to assist with the

### Wednesday Shopping Bus.

If you feel that you have some spare time each week and want to make a difference, please contact me.

Happy December to all the amazing Volunteers at LHB, We have made it to the end of the year. A massive thank you to all the Volunteers who gave their time at the Christmas Fete and supported the Residents and the community. It was an amazing day and I was blown away by the amount of people who came out to see our little Fete. As mentioned in the previous Tit Tat, we will be holding a special Volunteers Morning Tea on Wednesday 11th of December. If I have your email contact details, you should have received an emailed invitation, otherwise it will be coming in the snail mail. Please see the Volunteer noticeboard for details or come and see me. Again, thank you for an amazing year and I look forward to seeing what 2025 brings...after a break.

We are truly blessed at LHB! Merry Christmas and a Happy New Year.

– Belinda



Do you have Social Media?

Head over to Facebook and like [Lutheran Homes Barossa](#)

You can also follow us on Instagram [lutheranhomesbarossa](#)



# RESIDENTIAL ACTIVITIES ABGO

## Faith Christmas Cards.

Residents in ABGO received a special delivery from Lucy and Tayla who go to Faith Lutheran College. The cards were extremely well received and brought much joy to the faces of each of the residents. Thank you Girls!



Allyson Nicolai & Valda Fechner



Ray Kraft



Edna Kuhn



Noeline Smithson



Cedric Neldner



Betty Holness



Elizabeth Kroehn



Sandra Atze



Avis Humphrys

ABGO Residents have been busy decorating their area in anticipation for the arrival of the man in red.



Frances Shrubsole and Lennie Stoeckel





# RESIDENTIAL ACTIVITIES



Melbourne Cup was a great day in the Home, with all the residents dressed to the nines.

Congratulations to the winners of the sweep and to our 2 best dressed residents as well as the lucky seat. Everyone had a great afternoon!



Sharryn Hueppauff & Coral Kennett



Brian Selwood



Margery Baillie-Phillips



Shirley Rowe



Loris Fiebiger & Mina Anderson



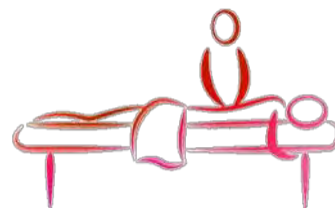
Raelene Rosenzweig, Jim Irvine & Marjorie Irvine



Liz Linke, Brenda Hollitt, Shirley Rowe & Eileen Ingham



# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



...book your appointment today

## ...how can we help?

As you get older, everyday tasks can become more difficult. Asking for help doesn't mean losing your independence. Lutheran Homes Barossa provide services that improve, restore and maintain the health, safety, well-being and independence for older people.

The **Allied Health + Therapy Services** and **Barossa Club Connections Social Centre** provide a range of specialist activities to help you stay on top and lead an active life.

- Physiotherapy and Exercise Groups
- Occupational Therapy
- Better Balance - Falls Prevention + Rehabilitation
- Club Connections + Social Outings
- Activity and Games Centre
- Art, Craft and Cooking projects

What would you like to do? Come along and join the fun; you're always welcome.

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777**

**The Allied Health Clinic** is open  
...9am to 5pm - Monday to Friday

**Barossa Club Connections** is open  
...9am to 4pm - Monday to Friday

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-on-one), as well as group fitness programs.

## ...we can assist you

**The First Step** - Find out if you are eligible  
**Contact My Aged Care on 1800 200 422**

**The Second Step** - Following your assessment, the assessor will provide you with referral codes for your eligible services.

**The Third Step** - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

# CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



## BEACH-TASTIC FUN!

The Barossa Club Connections clients joined together for a fun day out in the sun! We all shared some laughs and conversations over lunch. A big thank you to our Volunteer driver, Andrew, who dressed just right for the special occasion.



## CHRISTMAS FETE



Thank you to all who came out to support our stall at the Christmas Fete 2024. We had a very successful day full of sales. Thank you to Rebecca Hudson, Betty Bockmann, and Julie David for running the stall, and spreading their Christmas spirit throughout the day.





# ACTIVITY PROGRAM

Sunday 1st

10:00 Church Service	Chapel
1:30 Tunnel Ball	ABGO
3:00 Christmas Movie	ABGO
4:00 1x1	ABGO

Monday 2nd

10:30 <b>Singing in the Chapel</b>	Chapel
11:00 Worship Service	ABGO
1:30 Billiard Bowls	ABGO
1:30 Dart Ball with Ice Cream Cart — All Areas	Chapel
3:00 Art & Craft Christmas Card Writing and Gift Wrapping	ABGO

Tuesday 3rd

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Tit Tat Reading	ABGO
1:30 <b>Men's Shed</b> Ladies Pampering	The Shed ABGO
1:30 Water Ping Pong—All Areas	Chapel
3:00 Interactive Table	ABGO

Wednesday 4th- General Store Open in ABGO 10-2pm

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Arm Chair Exercises	ABGO
11:00 Waratah Service	Waratah
1:30 Ten Pin Bowling	ABGO
1:30 Wheel Of Fortune	TC / Protea
1:30 Tree Trimming with Egg Nogg	Waratah
3:00 Bingo	ABGO

Thursday 5th

From 10am <b>CAFÉ' SHOP TROLLEY</b>	
10:30 Quoits	ABGO
10:30 Movers and Groovers	Chapel
1:30 Ping Pong	ABGO
1:30 Residents Meeting	Chapel
3:00 Pampering	ABGO

Friday 6th

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Gardening Group	ABGO
10:30 Hoy	Waratah
11:00 Chapel Service	Chapel
1:30 Tunnel Ball	ABGO
1:30 Bingo	Chapel
3:00 Memory Game	ABGO

Saturday 7th

1:30 <b>Knock'em Down</b>	ABGO
3:00 Picture Bingo	ABGO
4:00 <b>1x1's</b>	ABGO

Sunday 8th

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Bean Bag Toss	ABGO
4:00 1x1	ABGO

Monday 9th

10:30 <b>Singing in the Chapel</b>	Chapel
11:00 Worship Service	ABGO
1:30 Drumming	ABGO
1:30 Present Toss with Happy Hour — All Areas	Chapel
3:00 Art & Craft	ABGO

Tuesday 10th

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 <b>Bronny Rees Concert—All Areas</b>	Chapel
3:00 <b>1x1's</b>	ABGO

Wednesday 11th- General Store Open in ABGO 10-2pm

From 9am <b>TLH LIBRARY OPEN</b>	TC
10:30 Armchair exercise	ABGO
11:00 Waratah Service	Waratah
1:30 <b>Light Pass Choir—All Areas</b>	Chapel
3:00 <b>1x1's</b>	ABGO

Thursday 12th

From 10am <b>CAFÉ' SHOP TROLLEY</b>	
10:30 Hoy	ABGO
10:30 Movers and Groovers	Chapel
1:30 Golf	ABGO
1:30 Christmas Quiz—All Areas	Chapel
3:00 Pampering	ABGO

**PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you**

## Residential Lifestyle Program December 2024

### Friday 13th

From 9am TLH LIBRARY OPEN	TC
10:30 Movement to Music	ABGO
10:30 Hoy	Waratah
11:00 Chapel Service	Chapel
1:30 Dart Ball	ABGO
1:30 Bingo	Chapel
3:00 Coffee & Chat	ABGO

### Saturday 14th

1:30 Rapp Ball	ABGO
3:00 Word Games	ABGO
4:00 1x1's	ABGO

### Sunday 15th

10:00 Church Service	Chapel
1:30 Tunnel Ball	ABGO
3:00 Christmas Movie	ABGO
4:00 1x1	ABGO

### Monday 16th

10:30 Singing in the Chapel	Chapel
11:00 Worship Service	ABGO
1:30 Valley Voices—Concert	Chapel
3:00 Art & Craft	ABGO
Christmas Stain Glass Window	

### Tuesday 17th

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Waratah
10:30 Interactive Table	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Carpet Bowls - All Areas	Waratah
2:15 Sing Along with Doug	ABGO
3:00 Happy Hour	ABGO

### Wednesday 18th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:00 Walking Group (weather permitting)	Leave from Protea
10:30 Armchair exercise	ABGO
1:30 Dart Ball	ABGO
1:30 Biscuit Decorating—All Areas	Protea
3:00 Bingo	ABGO

### Thursday 19th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Quoits	ABGO
10:30 Movers and Groovers	Waratah
1:30 Ping Pong	ABGO
1:30 Memory Game—All Areas	Waratah
3:00 Pampering	ABGO

### Friday 20th—Christmas Raffle to be drawn at 1.30pm

From 9am TLH LIBRARY OPEN	TC
10:30 Gardening Group	ABGO
10:30 Hoy	Waratah
1:30 Tunnel Ball	ABGO
1:30 Christmas Bingo	Chapel
With the Christmas Raffle to be drawn	
3:00 Memory Game	ABGO

### Saturday 21st

1:30 Knock'em Down	ABGO
3:00 Picture Bingo	ABGO
4:00 1x1's	ABGO

### Sunday 22nd

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Bean Bag Toss	ABGO
4:00 1x1	ABGO

### Monday 23rd

11:00 Worship Service	ABGO
1:30 Drumming	ABGO
1:30 Resident Christmas Event	Chapel
Including Games / Prizes and Happy Hour	
3:00 Art & Craft	ABGO

### Tuesday 24th—Christmas Eve

10:15 Knit and Natter	Protea
10.30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 Christmas Eve Activities	ABGO
1:30 Pass The Parcel	Chapel
3:00 Balloon Tennis	ABGO



**PLEASE NOTE : ALL LIFESTYLE PROGRAMS  
MAY BE SUBJECT TO CHANGE. PLEASE SPEAK  
TO A LIFESTYLE TEAM MEMBER FOR DETAILS  
ON THE DAY —Thank you**

Wednesday 25th—Christmas Day

11:00 Christmas Day Service Chapel



Thursday 26th—Boxing Day

Friday 27th

From 9am **TLH LIBRARY OPEN** TC  
 10:30 Movement to Music ABGO  
 10:30 Hoy Waratah  
 1:30 Dart Ball ABGO  
 1:30 Bingo Chapel  
 3:00 Pampering ABGO

Saturday 28th

1:30 Rapp Ball ABGO  
 3:00 Word Games ABGO  
 4:00 **1x1's** ABGO

Sunday 29th

10:00 Church Service Chapel  
 1:30 Tunnel Ball ABGO  
 3:00 Christmas Movie ABGO  
 4:00 1x1 ABGO

Monday 30th

11:00 Interactive Table ABGO  
 1:30 Balloon Tennis ABGO  
 1:30 Tunnel Ball—All Areas Waratah  
 3:00 **1x1's** ABGO

Tuesday 31st—New Years Eve

10:30 Movers and Groovers Chapel  
 10:30 Interactive Table ABGO  
 1:30 New Years Eve Spiders ABGO  
 1:30 Dart Ball—All Areas Waratah  
 3:00 Balloon Tennis ABGO

Welcome to 2025—January



Wednesday 1st—New Years Day

Thursday 2nd

From 10am **CAFÉ' SHOP TROLLEY**  
 10:30 Quits ABGO  
 10:30 Movers and Groovers Chapel  
 1:30 Ping Pong ABGO  
 1:30 Word Games—All Areas Waratah  
 3:00 **1x1's** ABGO

Friday 3rd

From 9am **TLH LIBRARY OPEN** TC  
 10:30 Gardening Group ABGO  
 10:30 Hoy Waratah  
 1:30 Tunnel Ball ABGO  
 1:30 Bingo Chapel  
 3:00 Memory Game ABGO

Saturday 4th

1:30 **Knock'em Down** ABGO  
 3:00 Picture Bingo ABGO  
 4:00 **1x1's** ABGO

Sunday 5th

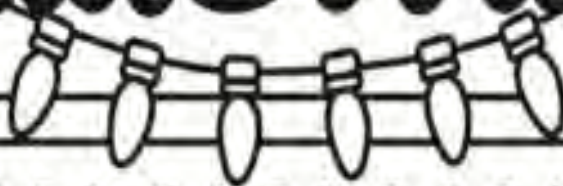
10:00 Church Service Chapel  
 1:30 Chair Yoga ABGO  
 3:00 Bean Bag Toss ABGO  
 4:00 1x1 ABGO

Monday 6th

11:00 Worship Service ABGO  
 1:30 Billiard Bowls ABGO  
 1:30 Ping Pong TC / Protea  
 1:30 Pampering Waratah  
 3:00 Art & Craft ABGO

WORD SEARCH

# CHRISTMAS



X R M L Z F P G C E I O D O A E U M  
K T P E G G N O G O D U T Q L B E G  
K V S E S U C K C C O Q Z A I L M I  
H N C T R M W H J D H K N N G X Y X  
O N M C A E T N W J H N I G H U O U  
W J T E A R A Z B E W P O E T T C W  
F Q E J U R H O B Z B E H L S P U D  
Y R A G L Y O P B P F H A Q A M A V  
T Q Q V K G L L T M B Y L L H E W S  
H Q C C H X L M S R H W N E R H D A  
R K A H R G Y E L V E S S B G K J N  
W F N R L V O I Z Y R T R I I D X T  
Z C D I N B W W E T N E E S D K S A  
I C Y S T T S W U E G L I T J Z L C  
O C C T U P U O S N S F N O B C V A  
C R A M N I G E I E U R D C V M J B  
V Y N A J I R G N L I S E K O B Z X  
P E E S N P R H B Q U Y E I M M O P  
O I S O R N A M E N T U R N D S Y W  
V B M W X M Y C W S H P Q G V Y V J

ANGEL

BOW

CANDY CANE

CAROLS

CHRISTMAS

COOKIES

EGG NOG

ELVES

GINGERBREAD

HOLLY

LIGHTS

MERRY

ORNAMENT

PRESENTS

REINDEER

SANTA

SLEIGH

STAR

STOCKING

TREE

