



Lutheran Homes Barossa

TIT TAT

April 2025



Message from the Chaplain - Ian Lutze



STORIES

A big part of human communication and spirituality is tied up with telling and listening to stories. Short stories. Long stories. What happened today. How it went. What's next. Facts. Feelings. Stories that reveal. Stories that hide. Some stories become classics through repeated telling. Some become stale, also through repeated telling. Some invite further exploration. Some are full of joy and achievement, some tell of defeat and shame.

The month of April is a month for stories, with Good Friday and Easter pondering the 'old, old story'. Then there's Vintage Festival which for many locals is a nostalgic time. Finally Anzac Day to round out the month, the papers will be full of stories never told and new angles on old stories. And like an old rug cast over the whole month will be the election campaign, where we'll hear stories with themes of blame, exaggerated claims, half-truths, even a *porkey* or two. Plus some moments of heartwarming inspiration which may inspire new hope in the old Westminster system.

Our residents are full of stories. Every year represents a new chapter or two in their books of life. When we are privileged to listen; more than highlights may be shared, and the therapeutic value of seeing one's own story through a different lens can bring light and grace to our story. In the process some stories will be let go of, never to be told again.

May God bless and inspire your story-telling this April, as you also find good listeners. May you hear stories that encourage you, and have the courage to hear what needs to be heard. And when you start forgetting, my prayer is that you will still remember the most important things, like who loves you.

Blessings for April.



The Home is a Christian Community where, in a family environment, Residents and Staff provide mutual care.

Jesus Christ said:

"Love one another as I have loved you"

John 13:34



27 Bridge Street, Tanunda SA 5352

- ★ Phone : (08) 8563 7777
- ★ Fax : (08) 8563 7799
- ★ Email : info@tlhome.com.au
- ★ Website : www.tlhome.com.au
- ★ Facebook : Lutheran Homes Barossa



**Lutheran Church
of Australia**

Welcome
NEW RESIDENTS

Permanent

Valerie Brent
Valda Roennfeldt

Welcome
TO OUR HOME

**APRIL BIRTHDAY
CELEBRATIONS**

1st Lennie Stoeckel
4th Doris Watson
7th Rodney Lomman
7th Elizabeth Kroehn
17th Jean Carey
17th Joan Lindner
20th Beverley Hoffmann
20th Frances Shrubsole
22nd Richard Hylton-Stewart
23rd Jeffrey Rosenzweig
26th Cheryl Frost

IN LOVING MEMORY OF

Our deepest sympathy to the families of

Nola Roessler 9th March
Betty Braunack 21st March
Margaret Kleinig 30th March

May they rest in peace ...

Choosing my own heart.
Choosing my purpose.
Choosing my health.
Choosing my peace.
Choosing my joy.
Choosing love.
Choosing me.



Wednesday 2nd April
Wednesday 9th April
Wednesday 16th April
Wednesday 23rd April
Wednesday 30th April

Shopping Bus



LHB (in home) residents must be at reception by 9am.

The Bus will pick **IL Residents** up from their home after 9am.

- ONLY if you have booked -

**HAPPY
EASTER**

ANZAC DAY

Lest We Forget



The Administration Office and Entrance will be closed on Friday 18th, Monday 21st and Friday 25th April due to the Public Holidays for Easter and Anzac Day.

During this time, please enter the facility via the Protea/Chapel Entrance.

If you require assistance, please call the Registered Nurse on 8563 7712.

FROM THE CEO

Michelle Schupelius



I'm deeply honoured to join Lutheran Homes Barossa as your new CEO.

My professional journey has been driven by a passion for enhancing the lives of older people, coupled with a strong background in healthcare management, strategic planning, organisational and clinical governance. I am focused on empowering our dedicated staff and fostering a supportive environment as we move through changes throughout our industry and more locally. My connection to aged care runs deep, extending beyond this role. I have the privilege of serving on a board within the industry, giving me a broad perspective on the challenges and opportunities we face and being a voice for the industry.

I firmly believe that we have the capability to making a difference in what we do ensuring that every day we can make a difference in a persons life, making it the best day it can be. My desired outcome is to create an environment where every person feels valued, respected, and supported to live their best life. I seek to build a community where our community has peace of mind, knowing their loved ones are receiving exceptional care and services.

My goal is to create a positive and lasting impact by focusing on:

- **Elevating the Quality of Care:** Implementing best practices and innovative programs to enhance the well-being and quality of life of our residents.
- **Strengthening Community Connections:** Building stronger relationships with families, volunteers, and the wider community to create a vibrant and inclusive environment.
- **Empowering our Staff:** Providing our team with the resources, training, and support they need to excel in their roles and find fulfillment in their work.
- **Ensuring Sustainable Growth:** Implementing strategic initiatives to ensure the long-term stability and success of our aged care home.

By working together, we can achieve:

- Enhanced resident satisfaction and well-being.
- Increased staff morale and retention.
- Stronger family and community engagement.
- Improved operational efficiency and financial stability.
- A reputation for excellence.



Outside of my professional life, I am a very proud mum of three. My children range in age from 10 years to 26 years. Abraham and Greta currently are going to our local Kapunda school as did quite a few generations of my family. My eldest Cody has embarked on a once in a lifetime journey moving to France for 12 months to see what the world can offer him. I am very excited to be joining him in Paris over Easter and traveling to Villers-Bretonneux for the ANZAC service, honouring those many soldiers who fought for freedom. I am looking forward to sharing my photos with you!

I'm deeply involved in my local community. As President and Life Member of the Kapunda Musical Society, I find immense joy in the arts and the creative expression it fosters. Some of my favourite roles include playing Robin in "Robin's Hood," the Jester in "Sleeping Beauties," and, most recently, the Giant in "Jack and the Beanstalk with a twist." These shows are produced and performed by a team of volunteers, from the directors to the performers, and the stage management crew to everyone in between. Our pantomime's hold a deep connection to me as they were written by the late Jennette Mickan, my mum, I am one very proud daughter! These experiences reinforce the importance of connection, storytelling, and bringing joy to others – values I hope to bring to Lutheran Homes Barossa.

I look forward to getting to know each of you and working together to create a supportive and vibrant community. Please don't hesitate to pop your head into my office or arrange for a coffee catch up.



QUALITY NEWS

Sharon Berridge - Executive Care Manager

Lisa Morrison - Clinical Nurse Consultant

Jess Osborne - Quality Officer

Belinda Treloar - Customer Service, Volunteer and Leisure Coordinator

HOME UPDATES:

We are heading towards the winter months and the season of colds and flu.

All Residential Aged Care residents are offered the Influenza vaccine by their GP. We encourage all residents to accept this vaccine as it is provided free and assists in reducing the severity of Influenza experienced.

Our Staff and Volunteers are also offered the vaccine each year for free provided by Lutheran Homes Barossa.

Independent Living residents are encouraged to ask their GP for the vaccine.



Stay well by ensuring you eat right, drink plenty of water and continue to perform hand hygiene frequently.

This will ensure that the viruses around don't get a chance to live on your hands.



COMPLIMENTS, COMPLAINTS AND SUGGESTIONS

Area of Concern	Complaint	Compliment	Suggestion	Total Area of Concern
Care / Clinical	3	2	0	5
Housekeeping / Laundry	0	1	0	1
Environment	2	3	0	5
Catering / Café	5	8	0	13
Lifestyle / Volunteers	0	10	0	10
Maintenance	0	2	0	2
Management & Communication	0	1	0	1
Other / LHB	0	2	0	2
Quality	0	1	0	1
Finance	1	1	0	2
	11	31	0	42

We value this feedback. Thank you for taking the time here to communicate your thoughts, opinions and experiences with us.

QUALITY NEWS



Aged Care Quality Standards: Standard 1 The Person

“I am valued and have a choice over the life I lead.”

We believe that you are at the heart of everything we do. Standard One of the new strengthened standards that come into effect 1st of July 2025 is about respecting your choices, dignity, and independence.

This means that:

Your preferences matter – your care is tailored to what’s important to you.

Your identity is valued – your culture, beliefs and background are respected.

You have a say – you have input in decisions about your care and daily life.

You are treated with dignity – your privacy, choices, and personal space will always be considered.

These being highlighted in the standards mean that your care is about you – the way it should be! If you ever have questions or suggestions about how we can better support you, we’d love to hear them.

Standard 1 The Person:

I am valued and have a choice over the life I lead.

Standard 2 The Organisation:

I have confidence in my service provider.

Standard 3 The Care and Services:

My care is based around who I am and what’s important to me.

Standard 4 The Environment:

I feel safe and supported where I live.

Standard 5 Clinical Care:

I get the right clinical care for me.

Standard 6 Food and Nutrition:

I enjoy tasty and nutritious meals every day.

Standard 7 The Residential Community:

I am supported to build and maintain relationships.

“Be the reason someone feels welcomed, seen, heard, valued, loved and supported.”



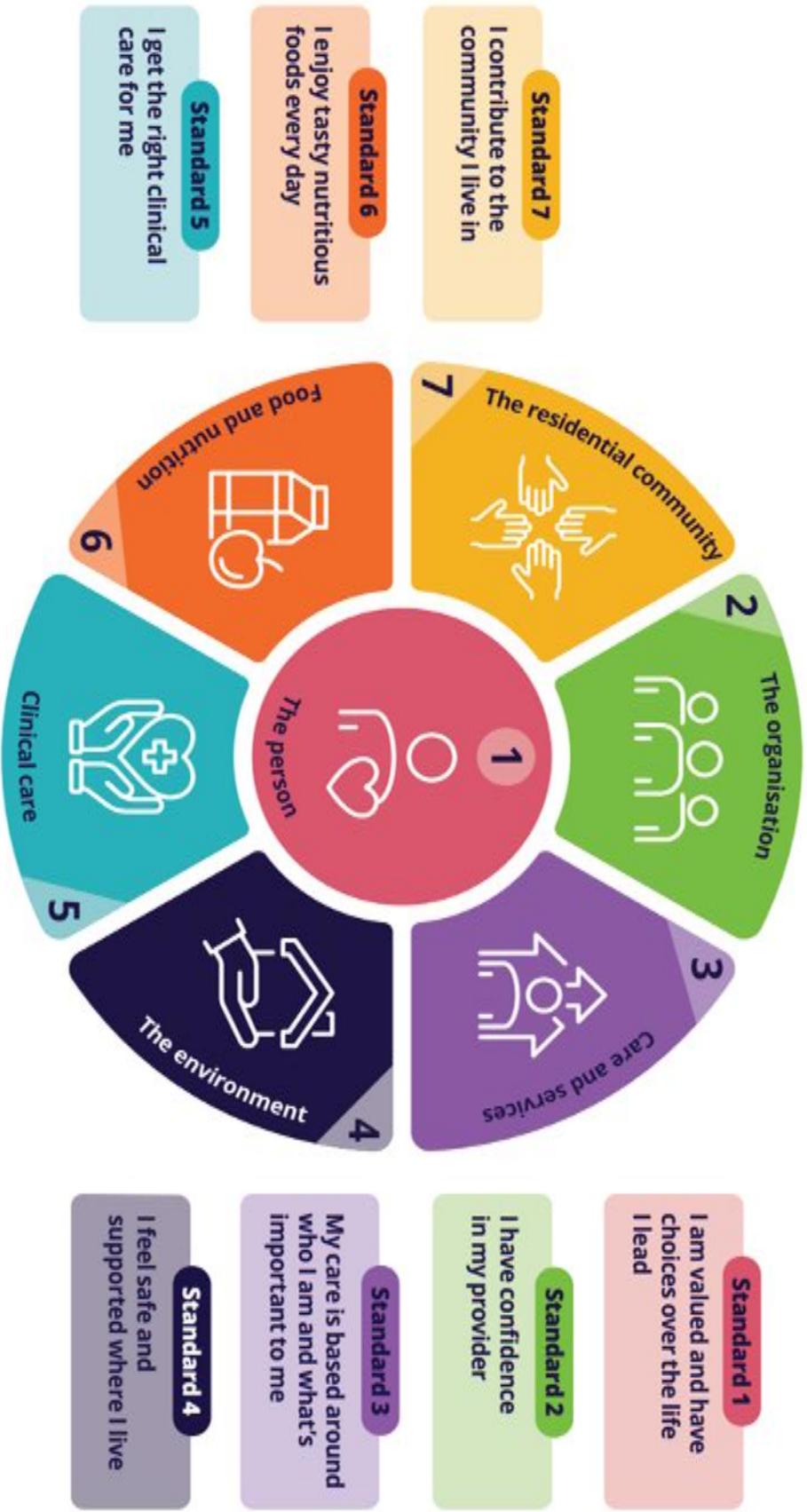
aras
Aged Rights
Advocacy Service

**For the Rights
of Older People**
advocacy ■ information
education ■ support



Tel (08) 8232 5377
Aged Care Advocacy Line
1800 700 600
www.sa.agedrights.asn.au

Strengthened Quality Standards



If you feel these standards aren't being met please let us know in one of the following ways:

- Share Your Experience Form
- Customer Service Coordinator Belinda Treloar
- Quality Officer Jessica Osborne

If you prefer to raise your concerns externally you can also contact:

- The Aged Care Quality and Safety Commissioner on 1800 951 822
- National Aged Care Advocacy Line on 1800 700 600

QUALITY NEWS

...thank you

The safe and efficient operation of Lutheran Homes Barossa is assisted by open, honest feedback from our residents, their relatives, from staff, guests and all who we engage with. All feedback is valuable and appreciated - suggestions, compliments and both positive and negative comments.

Simply complete this 'Share Your Experience Form' and return to reception or pop into any of the marked administration drop boxes within the building.

Receipt of your feedback will be acknowledged.

...we care

Our 'Share Your Experience' process is valuable and assists us as we strive for best practice.

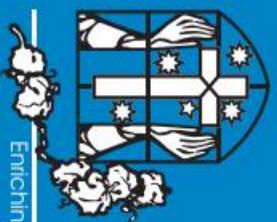
It is coordinated under the guidance of our Customer Service Coordinator. They will ensure that your confidential feedback reaches the correct department and personnel. Should you like to know what improvements and actions have been ignited as a result of your feedback, please indicate this on the form.

For more information or to discuss your feedback with our Customer Services Coordinator or relevant Manager, please contact the Executive Assistant, Britany Mickan by phone on **8563 7733**

Britany will arrange your appointment:
britany.mickan@lhome.com.au

Alternate Contacts:
The Aged care Quality & Safety Commissioner
1 800 951 822
National Aged care Advocacy Line
1 800 700 600

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Lutheran Homes
Barossa

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Phone 8563 7777 Info@lhome.com.au
www.lhome.com.au



...we invite you to share your experience

A confidential opportunity to give feedback on our service, our staff, experience or a situation. ...we appreciate your interest



Lutheran Homes Barossa

Enriching Your Life



Share Your Experience

LHB supports your right to share compliments, suggestions, concerns or to make a complaint.

We welcome feedback and complaints as part of our commitment to providing a high-quality service.

Share the things we are doing well, or if you have a concern, we would like to hear from you.

We understand the importance of resolving matters promptly within our service and aim to provide a welcoming environment for you to raise a concern or a complaint.

For feedback, compliments, suggestions, concerns, or complaints;

- Complete the Share Your Experience form and return it to any of the black boxes located around the Home or drop into Reception.

- Alternatively, direct your feedback to one of the key personnel listed below:

Chief Executive Officer – Michelle Schupelius michelle.schupelius@tlhome.com.au

Care Manager – Sharon Berridge
(Including Clinical Care, Lifestyle, Allied Health, CHSP) sharon_berridge@tlhome.com.au

Operations Manager – Rachel Strudwick
(Including Catering, Housekeeping Administration & Maintenance) rachel.strudwick@tlhome.com.au

Customer Service Coordinator – Belinda Treloar belinda.treloar@tlhome.com.au

...we invite you to share your experience
A COMMITMENT TO YOUR FEEDBACK
AND WORK TO BE CARING AND SAFE.



Do you have a concern?

You can do something about it. If you have a concern or feedback about the aged care you or someone else is receiving, you can talk to us.

1800 951 822
agedcarequality.gov.au

We encourage you to raise concerns with your service provider first. **Your local contact within this service is:**

Michelle Schupelius, Chief Executive Officer
Phone: 08 8563 7736 or Email: michelle.schupelius@tlhome.com.au

Sharon Berridge, Care Manager
Phone: 08 8563 7757 or Email: sharon.berridge@tlhome.com.au

Rachel Strudwick, Operations Manager
Phone: 08 8563 7771 or Email: rachel.strudwick@tlhome.com.au

If you can't resolve your concern with your service provider, you can contact the **Aged Care Quality and Safety Commission**

- Anyone can lodge a concern

- It is free

- You can be anonymous or confidential

- You can also give us feedback about the care you or someone else is receiving to help us when we check a service against quality standards

- Call us on **1800 951 822** or visit agedcarequality.gov.au for more information



Phone
1800 951 822



Web
agedcarequality.gov.au



Write
Aged Care Quality and Safety Commission
GPO Box 9819, in your capital city

LUTHERAN HOMES BAROSSA



Shopping Buses



EVERY WEDNESDAY @ 9:00AM
\$6.50 RETURN TRIP
CONTACT RECEPTION BY TUESDAY 12PM TO BOOK YOUR SEAT - 8563 7777
THE DRIVER WILL PICK YOU UP FROM RECEPTION OR DIRECTLY FROM YOUR UNIT

EXCLUDES PUBLIC HOLIDAYS

TRAVELLING TO TANUNDA

VIEW OUR TITTAT FOR UPCOMING DATES
SPEAK TO RECEPTION FOR ANY ENQUIRIES
NEED TO STOCK UP ON GROCERIES?
NEED TO HEAD TO THE BANK OR PHARMACY?
NEED TO GET A LAST-MINUTE GIFT FOR A FRIEND?

WE ARE LOOKING FOR VOLUNTEERS INTERESTED IN DRIVING THE SHOPPING BUS...
CONTACT RECEPTION TO FIND OUT MORE!

...Ladies & gentlemen we're going to the races

BAROSSA VINTAGE FESTIVAL 2025

Please come and join us for the Vintage Festival Parade Day
Saturday 26 April

The theme "A Day at the Races" and we need your help.
(We want to win best costumes again this year!)

We need help, in preparation for the day, on the day, sourcing costumes, decoration of the float (it's really a trailer) and of course finishing up the project, celebrating our win in the afternoon at The Tanunda Oval After party.

Bring out the fancy hats, your best outfits and shoes and let's have some fun ... we're sure you can bet on it.

For more information, call the Retirement Living Office 8563 7784



What did the horse say when it fell over? "I've fallen and I can't giddyup"



HOSPITALITY



The Catering Team served up over 10,400 meals for our residents in March. Strengthened Quality Standard 6 brings a fresh, vibrant approach to food and nutrition in residential aged care, ensuring that every meal is more than just fuel—it's a moment of joy. It's all about creating a dining experience that feels like home, where every bite sparks satisfaction and every meal encourages a sense of belonging. The goal is to transform mealtime into a celebration of health, comfort, and connection, all while keeping residents' nutritional needs front and center. After all, good food is at the heart of good living.

Kitchen Stats

Over 2,100 'Meals on Wheels' meals
Provided 140 meals for BCC Clients

Favourite Meals

Lamb Curry, Creamy Sago, Homemade
Shortbread Biscuits



COURTYARD CAFE

Exciting new changes are happening in the Courtyard Café. Debb Leighton and Jane Long will be running the Café, with Kim Sawers assisting. Come and say hi to the team. We are ready for some positive changes and we hope our community enjoys what it has to offer.

The Café will be continuing the lunch specials and grab 'n' go options made fresh daily in the Café and the Main Kitchen.

The coffee machine has been fixed and there are new fresh beans supplied, so the café is ready to go for any coffee orders.



We welcome your feedback, whether it's positive or negative, as it gives us the opportunity to grow and learn. Please fill in our Share Your Experience forms and let us know what you think! While we re-design the Courtyard Café menu, we will be operating with a shortened menu, and we appreciate any input you may have.

ROBOTS



Robbie and Axel are up and running again, they have received their clean bill of health from the Robot Dr. It's good to see and hear them running around again.

We are still looking for names for our cleaning robots. As soon as we receive a couple more, we will put them to the vote!

Pop down and see Kasey with suggestions.

NOTICEBOARD

WELCOME ABOARD!



Michelle Schupelius
Chief Executive Officer



Greg Hamilton
Sales & Marketing Manager



Kristina Roberts
HR & IR Manager



Jacintha de Boer
Registered Nurse



Amanjot Kaur
Enrolled Nurse



Jennifer Taylor
Personal Care Worker



Nathalia Wellburn
Catering



Janushi Abeysinghe
Catering

Last month, the Home celebrated **International Women's Day** with the incredible women who inspire us every day, both within our Home and beyond. From our resilient residents to our dedicated staff, each woman brings strength, wisdom, and compassion that makes our community truly special.



NOTICEBOARD



GRAND OPENING of the Men's Shed! This space will be utilised by our residents and community members, and with support of the Lifestyle Team, foster creativity, connection and community projects.

A huge thankyou to everyone involved in making this possible; including Karen Homan who has been a dedicated Men's Shed Volunteer for many years, Drew Mickan who helped with turning a boring old room into a real life shed, and for the Auxiliary Ladies for their generous contribution. We appreciate all those who came to celebrate with us on the day.

Our Maintenance Team is dedicated to creating a safe, comfortable, and well-maintained environment for our residents. They take care of repairs, manage preventative maintenance, and ensure that all our systems are functioning correctly. Their time and dedication never goes unnoticed.

We are always ready to spring into action, no matter the task, with one goal: "Provide the highest quality environment for those who call our community home."



Our residents enjoy their visits to our onsite hairdressing salon, 'Ruby Blue', where they can indulged in a relaxing experience right on their doorstep. Whether it's a trim or a refreshing wash and blow-dry, the salon always provides a welcoming space.

Pictured: Shirley Rowe

CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM



...book your appointment today

...how can we help?

As you get older, everyday tasks can become more difficult. Asking for help doesn't mean losing your independence. Lutheran Homes Barossa provide services that improve, restore and maintain the health, safety, well-being and independence for older people.

The **Allied Health + Therapy Services** and **Barossa Club Connections Social Centre** provide a range of specialist activities to help you stay on top and lead an active life.

- Physiotherapy and Exercise Groups
- Occupational Therapy
- Better Balance - Falls Prevention + Rehabilitation
- Club Connections + Social Outings
- Activity and Games Centre
- Art, Craft and Cooking projects

What would you like to do? Come along and join the fun; you're always welcome.

For more information book your tour of our facilities. Please ask to be connected to a ... Customer Service Coordinator - **8563 7777**

The Allied Health Clinic is open
...9am to 5pm - Monday to Friday

Barossa Club Connections is open
...9am to 4pm - Monday to Friday

Your Community Services team are specialists in a range of health and wellbeing services. They are available to assist you to build and retain your daily fitness levels, to help you to remain active, and ensure you have the flexibility, strength and overall good health to be active every day and enrich your life.

Programs are available to individuals (one-on-one), as well as group fitness programs.

...we can assist you

The First Step - Find out if you are eligible
Contact My Aged Care on 1800 200 422

The Second Step - Following your assessment, the assessor will provide you with referral codes for your eligible services.

The Third Step - Finally, don't hesitate to get in touch with us, book an appointment and bring your referral code to initiate our services.

CHSP CLIENTS - COMMONWEALTH HOME SUPPORT PROGRAM

March has been an incredibly busy and fulfilling month for the Barossa Club Connections, as we had the privilege of connecting with our wonderful clients through various engaging events.

We kicked off the month with our Shrove Tuesday celebration, followed by a fantastic social BBQ where everyone came together to enjoy great food and company.



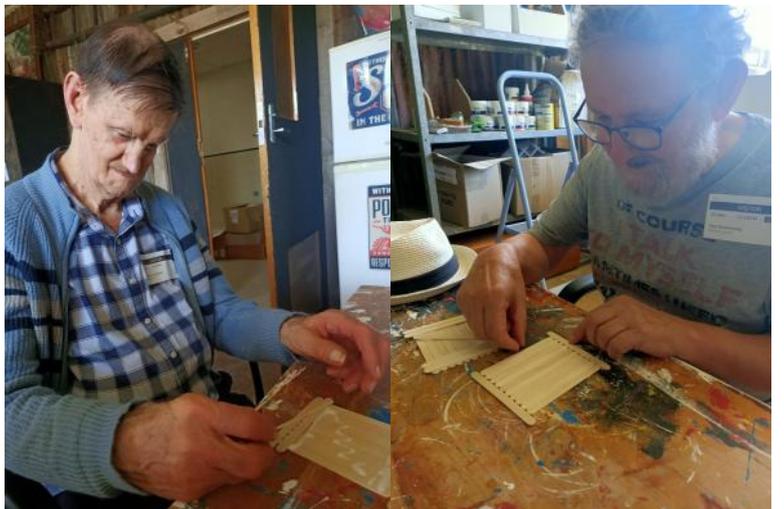
Our monthly RAA session with Tony was another highlight, offering valuable insights to our clients, and we rounded out the month with the Dementia Australia "Understanding Dementia" session with Tanya Liddell, which sparked lots of meaningful conversations and learning to our community.



We've shared some creative moments in our Step-by-Step Art Class program. Our clients have enjoyed the challenge of painting these beautiful and unique designs.



Following the Grand Opening of the Men's Shed, the Wise Guys have returned, diving into creating some new wooden pieces.



WHAT'S HAPPENING IN APRIL

NEXT RESIDENT MEETING IS IN APRIL

THURSDAY 3RD 1:30PM IN WARATAH
ALL FAMILIES AND REPRESENTATIVES ARE WELCOME TO JOIN US



An advertisement for a men's fashion pop-up shop. It features a man's face, the "elcies" logo, and a rack of clothes. Text includes: "Men's Fashion Pop Up Shop", "MONDAY 7TH APRIL", and "1:30PM @ THE CHAPEL".

An advertisement for "The Valley Voices" choir. It features musical notes, a treble clef, and a branch with leaves. Text includes: "The Valley Voices", "8th of April", and "1.30pm in the Chapel".

An advertisement for "Scarecrow Building". It features two scarecrows. Text includes: "SCARECROW BUILDING", "Wednesday the 9th and Thursday the 10th at 1.30pm in the Chapel".

Join us for a Hot Cross Bun and Hot drink for \$5 on Thursday the 17th of April from 9am—12noon All profits will go to the Heart Kids Foundation To book a table contact Reception or the Lifestyle Team.



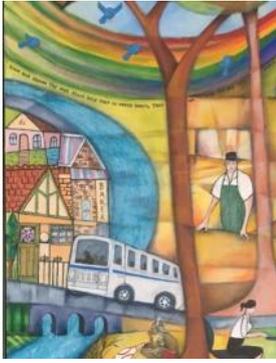
LENTEN & EASTER SERVICES

10:30AM IN THE CHAPEL

WEDNESDAY 2nd, 9th,

FRIDAY 18th GOOD FRIDAY SERVICE





VOLUNTEER NEWS

Belinda Treloar;
Customer Service, Volunteer
& Leisure Coordinator



VOLUNTEERING AT LHB

If you would like to become a Volunteer at LHB, please either send me an email at belinda.treloar@tlhome.com.au or you can call Reception.

Happy Birthday

To all our wonderful Volunteers for the month of April!
Many happy returns.



CAN YOU HELP?

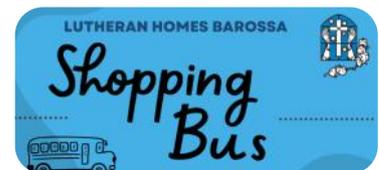
We are currently seeking volunteers to assist with the **Wednesday Shopping Bus**
Café Helpers

If you feel that you have some spare time each week and want to make a difference, please contact me.

Happy April to all the amazing Volunteers at LHB, I would like to start by welcoming the new volunteers to the LHB family. It's fantastic to see some new faces out and about. We are still looking for some special people to assist with driving our Wednesday Shopping Bus. All that is required is availability one Wednesday every 3 or 4 weeks from 8.30am–11.30am. If you have a drivers license and know the Barossa streets, this may be perfect for you. Please reach out to either myself or Kasey at Reception if you are interested or would like some more information.

Thank you again, you are all amazing and I look forward to seeing what the this month brings.

– Belinda



Do you have Social Media?

Head over to Facebook and like [Lutheran Homes Barossa](#)
You can also follow us on Instagram [lutheranhomesbarossa](#)



LHB TANUNDA SHOW

Winners!

CONGRATULATIONS

GUMBOOT DECORATING

- 1st—Eileen Ingham
- 2nd—Raelene Rosenzweig
- 3rd—Barbara Zerna

COLOURING IN

- 1st—Irene Golding
- 2nd—Eileen Ingham
- 3rd—Raelene Rosenzweig

Open Category

- 1st—Liz Linke
- 2nd—Irene Golding
- 3rd—Eileen Ingham

FLOWER ARRANGEMENT

- 1st—Jan Schupelius
- 2nd—Barbara Zerna
- 3rd—Daphne Gower



A big thank you to every one that was involved and voted for our residents.

FOOTY TIPPING COMPETITION

NEIGHBOURHOOD LEADERS



ABGO	Jeanette Muir / Ray Kraft	19
TRINITY	Rodney Lomman	19
PROTEA	Kath Rochford / Grant Taylor / Elmore Zeunert	20
WARATAH	Keith Mickan	20

Scores correct as of the 31/03



RESIDENTIAL ACTIVITIES

Last month definitely lived up to the mad March theme; we started the month with Shrove Tuesday and the opening of The Shed, both events having amazing support. The AFL season started, and the Central Aboriginal Women's Choir graced us with their presence. We finished the month off with a spectacular Harmony Day parade, and announcing our winners of the LHB show. It was fantastic to have so many people out and about around the facility. A massive thank you to everyone involved.



Roger, Graham, Malcolm & Rodney



Volunteer Drew & Graham



Volunteer Mark



Alex & Jeanette Muir



Ray, Lennie & Ron



The Central Aboriginal Women's Choir



LHB Staff & Resident John for Harmony Day



What do you call a line of rabbits jumping backwards?

A receding hare-line



Tuesday 1st

10:15 Knit and Natter	Protea
10:30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 Men's Shed	The Shed
Ladies Pampering	ABGO
1:30 Dart Ball	Chapel
1:30 Wheel Of Fortune	Waratah
3:30 Table Games	ABGO

Wednesday 2nd- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 LENTEN SERVICE	Chapel
10:45 Armchair exercise	ABGO
1:30 Table Tennis	ABGO
1:30 Billiard Bowls	Chapel
1:30 Memory Game	Waratah
3:00 Bingo	ABGO

Thursday 3rd

From 10am CAFÉ' SHOP TROLLEY	
10:30 Hoy	ABGO
10:30 Movers and Groovers	Chapel
1:30 Golf	ABGO
1:30 Residents Meeting	Waratah
3:00 Pampering	Sensory Room

Friday 4th

From 9am TLH LIBRARY OPEN	TC
10:30 Movement to Music	ABGO
10:30 Hoy	Waratah
1:30 Ping Pong	ABGO
1:30 Bingo	Chapel
3:00 Coffee & Chat	ABGO

Saturday 5th

1:30 Rap Ball	ABGO
3:00 Word Games	ABGO
4:00 1x1's	ABGO

Sunday 6th—Daylight Savings Turn the Clocks Back

10:00 Church Service	Chapel
1:30 Chair Yoga	ABGO
3:00 Memory Game	ABGO
4:00 1x1	ABGO

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE..
PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you

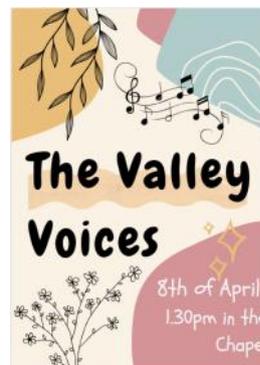
Monday 7th

10:30 Singing in the Chapel	Chapel
10:45 Worship Service	ABGO
1:30 Art & Craft	ABGO
1:30 Elcies Men's Op Shop	CHAPEL
3:00 Tunnel Ball	ABGO



Tuesday 8th

10:15 Knit and Natter	Protea
10:30 Movers and Groovers	Chapel
10:30 Interactive Table	ABGO
1:30 Valley Voices	CHAPEL
3:30 Walking Group / 1x1's	ABGO



Wednesday 9th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN	TC
10:30 LENTEN SERVICE	Chapel
10:45 Armchair exercise	ABGO
1:30 Focus on April	ABGO
1:30 Scarecrow Building	Chapel
3:00 Bingo	ABGO



Thursday 10th

From 10am CAFÉ' SHOP TROLLEY	
10:30 Bean Bag Toss	ABGO
10:30 Movers and Groovers	Chapel
1:30 Ping Pong	ABGO
1:30 Scarecrow building	Chapel
3:00 Pampering	Sensory Room

Friday 11th

From 9am TLH LIBRARY OPEN

- 10:30 Memory Game
- 10:30 Hoy
- 1:30 Dart Ball
- 1:30 Bingo
- 3:00 Garden Group

- TC
- ABGO
- Waratah
- ABGO
- Chapel
- ABGO

Saturday 12th

- 1:30 Knock'em Down
- 3:00 Picture Bingo
- 4:00 1x1's

- ABGO
- ABGO
- ABGO

Sunday 13th—Palm Sunday

- 10:00 Church Service
- 1:30 Chair Yoga
- 3:00 Memory Game
- 4:00 1x1

- Chapel
- ABGO
- ABGO
- ABGO

Monday 14th

- 10:30 Singing in the Chapel
- 10:45 Worship Service
- 1:30 Art & Craft
- 1:30 Memory Game
- 1:30 Bean Bag Toss
- 3:00 Tunnel Ball

- Chapel
- ABGO
- ABGO
- Protea
- Waratah
- ABGO

Tuesday 15th

- 10:15 Knit and Natter
- 10.30 Movers and Groovers
- 10:30 Interactive Table
- 1:30 Men's Shed
Ladies Pampering
- 1:30 Wheel Of Fortune
- 1:30 Dart Ball
- 3:00 Table Games

- Protea
- Chapel
- ABGO
- The Shed
- ABGO
- Chapel
- Waratah
- ABGO

Wednesday 16th- General Store Open in ABGO 10-2pm

From 9am TLH LIBRARY OPEN

- 10:30 Armchair exercise
- 1:30 Ten Pin Bowling
- 1:30 Easter Quiz
- 1:30 Ten Pin Bowling
- 3:00 Bingo

- TC
- ABGO
- ABGO
- Chapel
- Waratah
- ABGO

Thursday 17th

From 10am CAFÉ' SHOP TROLLEY

- 10:30 Hoy
- 10:30 Hot Cross Buns and Hot Drink
- 1:30 Golf
- 1:30 Easter Bingo
- 3:00 Pampering

- ABGO
- Chapel
- ABGO
- Chapel
- Sensory Room



Friday 18th—Good Friday

- 10:30 Church Service

Chapel



Saturday 19th—Easter Saturday

Sunday 20th—Easter Sunday

- 10:00 Church Service

Chapel

Monday 21st—Easter Monday



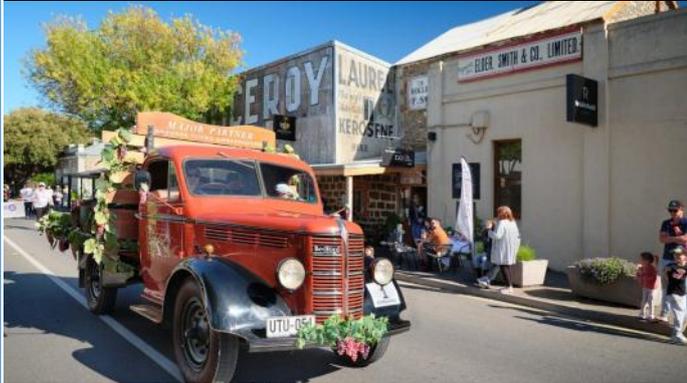
Tuesday 22nd

- 10:15 Knit and Natter
- 10.30 Movers and Groovers
- 10:30 Café Visits
- 1:30 Men's Shed
Ladies Pampering
- 1:30 Pampering
- 1:30 Ping Pong
- 2:30 Sing Along with Doug

- Protea
- Chapel
- ABGO
- The Shed
- ABGO
- Chapel
- Waratah
- ABGO

PLEASE NOTE : ALL LIFESTYLE PROGRAMS MAY BE SUBJECT TO CHANGE. PLEASE SPEAK TO A LIFESTYLE TEAM MEMBER FOR DETAILS ON THE DAY —Thank you

**BAROSSA
VINTAGE
FESTIVAL**
APRIL 23-27, 2025



Wednesday 23rd - General Store Open in ABGO 10-2pm

From 9am **TLH LIBRARY OPEN** TC
 10:30 Bottle Top Sorting Waratah
 10:45 Armchair exercise ABGO
 1:30 Table Tennis ABGO
 1:30 Bingo Chapel
 3:00 Bingo ABGO

Thursday 24th

From 10am **CAFÉ SHOP TROLLEY**
 10:30 Bean Bag Toss ABGO
 10:30 Movers and Groovers Chapel
 1:30 Ping Pong ABGO
 1:30 Food Tastings Chapel
 3:00 Pampering Sensory Room

Friday 25th - ANZAC DAY

10:30 ANZAC SERVICE Chapel



Saturday 26th

1:30 Knock'em Down ABGO
 3:00 Picture Bingo ABGO
 4:00 1x1's ABGO

Sunday 27th

10:00 Church Service Chapel
 1:30 Chair Yoga ABGO
 3:00 Memory Game ABGO
 4:00 1x1 ABGO

Monday 28th

10:30 Singing in the Chapel Chapel
 10:45 Worship Service ABGO
 1:30 Art & Craft ABGO
 1:30 Rap Ball Chapel
 1:30 Memory Game Waratah
 3:00 Tunnel Ball ABGO

Tuesday 29th

10:15 Knit and Natter Protea
 10:30 Movers and Groovers Chapel
 10:30 Interactive Table ABGO
 1:30 Men's Shed The Shed
 Ladies Pampering ABGO
 1:30 Carpet Bowls—All Areas Chapel
 3:00 Pet Therapy / Oleander Happy Hour ABGO

Wednesday 30th - General Store Open in ABGO 10-2pm

From 9am **TLH LIBRARY OPEN** TC
 10:30 Walking Group Leaving from Protea
 10:45 Armchair exercise ABGO
 1:30 Table Tennis ABGO
 1:30 Pick A Box—All Areas Chapel
 3:00 Bingo ABGO

LUTHERAN HOMES BAROSSA

Shopping Bus

EVERY WEDNESDAY @ 9:00AM

\$6.50 RETURN TRIP

CONTACT RECEPTION BY TUESDAY 12PM TO BOOK YOUR SEAT - 8563 7777

THE DRIVER WILL PICK YOU UP FROM RECEPTION OR DIRECTLY FROM YOUR UNIT

EXCLUDES PUBLIC HOLIDAYS

TRAVELLING TO TANUNDA

VIEW OUR TITTAT OR CALL RECEPTION FOR UPCOMING DATES AND LOCATIONS

NEED TO STOCK UP ON GROCERIES?
 NEED TO HEAD TO THE BANK OR PHARMACY?
 NEED TO GET A LAST-MINUTE GIFT FOR A FRIEND?

WE ARE LOOKING FOR VOLUNTEERS INTERESTED IN DRIVING THE SHOPPING BUS... CONTACT RECEPTION TO FIND OUT MORE!

ANZAC DAY WORD SEARCH

R L Z D A P P R E C I A T I O N D
J G R E M E M B R A N C E U S O Y
I N S T N H S C G X P C D A G V V
F H V H X A H F S L G E C J Z D J
F F O A L T S B L A S R A E Y K A
V G G N Y H U E L S I S U C T W D
E G A K S Y L L I F X B A C E N M
T P F F E S I G I N E Z E T T B U
E W D U R P R C J F O T Y P P O P
R R G L O M E E P T O M Q P V N P
A E Q L E G O R I R U A E Q K F E
N A I Y Z Q I G P D U L P R D R O
S T R O G D U Q Z H L Z J H E V F
H H A A E A O Z U T D O D V F C I
N J L D R U Z O X A R T S N L Y G
B F G D O Q G L M I L I T A R Y H
V J F R E E D O M W Y W Y D K J T

appreciation

sacrifice

veterans

fight

pride

remembrance

military

freedom

guard

flag

ceremonies

soldiers

protect

peace

gallipoli

thankful

wreath

poppy

